# FOODLAND





Australian Lamb Rack Roast



\$11<sub>ea</sub> SAVE \$11.00



Huggies Nappy Pants 24-36 Pack

HALF PRICE \$2<sup>50</sup>

SAVE \$2.50

Smith's Crinkle Cut Potato Chips 150-170g



\$140 ea

SAVE \$1.40



Continental Cup a Soup 2 Serve \$220 ea

SAVE \$2.20



Heinz Chunky or Classic Soup 520-535g \$**725** 



Nescafé Blend 43 140-150g

\$3<sup>50</sup>

SAVE \$ 3.50



Nestlé Chocolate Blocks 118-180g

\$18<sub>ea</sub>

SAVE \$4.90

Quilton Toilet Rolls 36 Pack

\$0.28 per 100 sheets





**GREAT FOOD LIVES HERE** 



Kleenex Unscented Flushable Wipes 36s \$4.72 per 100 units

OMO Ultimate Laundry Capsules 28s \$0.64 each



Cold Powder Laundry Capsules 26s \$0.38 each



Norsca

Nature's Way Vita Gummies Omega 3 110 Pack \$11.59 per 100 units

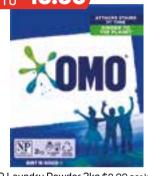
SAVE \$14.00



Nature's Way Vita Gummies 100-120 Pack\*

\$16<sub>ea</sub>

SAVE \$16.00



OMO Laundry Powder 2kg \$8.00 per kg

Norsca Forest Fresh Pump 150ml \$2.27 per 100ml

SAVE \$20.50



Dunamo Professional Laundry Liquid 4 Litre \$5.13 per litre

Sard Stain Remover Powder 900g-1kg





Bref Toilet Cleaner Gel 600-700ml or In Rim Toilet Bowl Cleaners 42-50g





Lindt Lindor Cornet 333g \$5.11 per 100g



Schweppes Mineral Water 10 x 375ml \$2.53 per litre

SAVE \$6.00



Cadbury Dairy Milk Gift Box 200g \$3.00 per 100g



Cadbury or Europe Medium Bars 30-50g

Smith's Double Crunch Chips 150g



Kinder Bueno 39-43g

\$1.67 per 100g



2 Serves



Continental Cup a Soup



RICE CRACKERS Aiitas Vege Rice or Chips 75-100g



OLDELPaso SOFT TACO

Old El Paso Standard Kits 290-520g

Darrell Lea

Batch 37

Licorice

260g

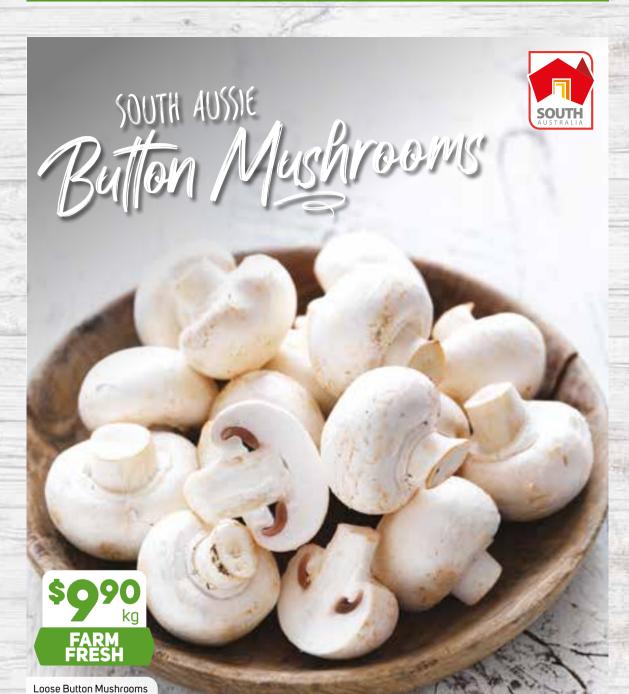




\$0.75 per 100g







**2KG BAG** 



**\$ 4**80 **1KG PACK** 









Daisy Chippers Potatoes 2kg Bag \$1.95 per kg





Soup Vegetables 1kg \$4.80 per kg



Rainbow Fresh Caesar Cos 120g \$2.46 per 100g

















Barossa Fine Foods Italian Meatballs 450g \$16.67 per kg



#### **MEAT & SEAFOOD**

















Canon Chicken Southern Style Popcorn Chicken 400g \$22.25 per kg

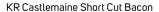


\$24.83 per kg











Primo Devon





Maggie Beer Assorted Paste 100g \$4.90 per 100g





Family Chef Boneless Roast Pork (Find me in the Deli Warmer)

#### **BAKERY**









Vili's Traditional Pies, Pasties or Sausage Roll 150-165g



Dulwich Bakery Cake Range 550g \$1.40 per 100g



\$450 ea

SAVE \$1.00









SAVE 80¢



Bakers Oven Dinner Rolls 6 Pack \$0.28 each



Abbott's Village Bakery Gluten Free Bread 500g \$1.42 per 100g







#### **BISCUITS & BAKERY**





Sakata Rice Crackers 80-90g



\$275 ea

**EVERY DAY!** 





\$370 ea

**EVERY DAY!** 

Foodland Hamburger or Hot Dog Rolls 6 Pack \$0.62 each



\$410 ea

**EVERY DAY!** 

Tip Top Sunblest Bread 650g \$0.63 per 100g



\$450 ea

**EVERY DAY!** 

Wonder White Bread 700g \$0.64 per 100g



\$5

**EVERY DAY!** 



Arnott's Family Assorted Biscuits 500g \$1.00 per 100g \$**5**<sub>ea</sub>

**EVERY DAY!** 



\$6<sub>ea</sub>

Bürgen

Bread 700g

\$0.86 per 100g

**EVERY DAY!** 



Helga's Bread 650-850g



lea

**EVERY DAY!** 





**EVERY DAY!** 

(leggos)

**EVERY DAY!** 

Leggo's Pasta Bake Sauce 490-500g



**EVERY DAY!** 

SunRice Medium Grain White or Brown Rice 2kg \$3.25 per kg



Leggo's

Tomato

Paste 500g

\$0.80 per 100g

**EVERY DAY!** 



**EVERY DAY!** 



Hart & Soul Soup 400g \$1.00 per 100g



Stagg

Chilli 425g

\$1.06 per 100g

#### **BISCUITS & SNACKS**











ARNOTTS IM lam.



**\$2**50



Arnott's Cheds or Country Cheese Crackers 250g \$1.40 per 100g

VE \$1.00



Arnott's Cream Biscuits 200-250g

SAVE \$1.00 CRACKER Arnott's Cracker Chips, Flatbread Dippers or

Sourdough

\$3.25 per 100g

Crackers



Kinder Tronky Multipack 5 Pack 90g

\$3.89 per 100g



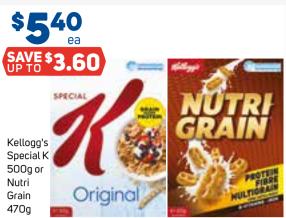
Arnott's Scotch Finger Biscuits 250g \$1.00 per 100g

ea



\$1.91 per 100g











Sanitarium Weet-Bix 575g \$0.50 per 100g \$360 ea

SAVE 90°

Uncle Tobys Traditional or Quick Oats 500g \$0.72 per 100g



\$460 ea

SAVE \$1.20



Golden Circle Refreshers 6 x 250ml \$3.07 per litre



UP TO \$4.00

Nestlé Milo Malt Chocolate Drinking Powder 1kg \$1.35 per 1009



\$**5**35

SAVE \$1.35



\$630

SAVE \$ 2.20

Freedom Crafted Blends Granola 400g \$1.57 per 100g





of cash



BUY

Brasilia Coffee Bean or Ground, SNAP
a photo of
uour receipt

SCAN the OR code

e QR code



SAVE \$5.80

Brasilia

Brasilia Coffee Beans or Ground 500g \$2.20 per 100g

Open to residents of Australia aged 18+ To enter purchase any 500g or lkg Brasilia between 16/06/25 & 14/07/25, visit www.brasiliapromo.com.au and complete details and upload scanned copy or photo of the receipt to enter. Instant winners notified onscreen & via email. Total prize pool AUD\$8,000.00. For full T&Cs, visit www.brasiliapromo.com.au. Promoter is Nievole Distributors Pty Ltd trading as Brasilia Coffee, ABN 88 127 871 621 of 4 Boden Court Windsor Gardens SA 5087. Authorised under SA TS/600, ACT TP 25/800.



# PERFECT ESPRESSO





\*TBCS APPLY, SEE HTTPS://SHOP.LORESPRESSO.COM.AU/WIN. AU RES 18+ ABLE TO TRAVEL TO JAPAN FROM 26/9/25-30/9/25. ENDS: 11:59PM AEST 8/7/25. 1 ENTRY P/TRANSACTION. AUTHORITY: NSW TP/04/89, PERMITS: ACT TP25/004/9. SA T25/321.



\$470 ea SAVE \$3.20 L'Or Espresso Capsules 10 Pack

\$0.47 each













Mutti Passata Gastronomia Cherry or Baby Roma Tomatoes 400g \$0.95 per 100g





\$0.69 per 100g

Biofood
Organic
Peeled
or Diced
Tomatoes
400g
\$0.44 per 100g





(MASSEL)

Anything tastes better with Massel.

#### **PANTRY**



Trident Instant

\$0.94 per 100g

SAVE 50¢

Noodles 4 x 85g

















Fountain Sauces 250ml \$1.20 per 100ml









SAVE \$1.05

5 0-

ZERO ALCOHOL

SAVE \$1.80



Kirks Drinks 1.25 Litre \$1.56 per litre McGuigan Zero Alcoholic Wines 750ml \$11.93 per litre

\$12<sub>ea</sub>



Coca-Cola or Varieties 12 x 300ml \$3.33 per litre

**\$2**<sub>ea</sub>

SAVE \$1.50

Pepsi, 7 Up, Sunkist or Solo 1.25 Litre \$1.60 per litre



\$420 ea

Powerade

Water 600ml

\$4.33 per litre

or Active

SAVE \$1.80



Oxyshred 355ml \$1.18 per 100ml





### SNACKS & DRINKS



\$275

**EVERY DAY!** 

Perrier Sparkling Water 750ml \$5.00 per litre



**EVERY DAY!** 

SOUTH



**EVERY DAY!** 

Harvest Snap Peas Multipacks 15 x 18g \$2.78 per 100g



**\$**\_\_50

**EVERY DAY!** 



280

**EVERY DAY!** 

Majans InfuZions Straws Multipack 5 x15g \$5.07 per 100g



**EVERY DAY!** 

Menz Bumbles Choc Honeycomb 525g



**EVERY DAY!** Kit Kat Funsize 252g \$2.98 per 100g

**EVERY DAY!** 

Chupa Chups Best of Bag 25 Pack \$1.83 per 100g





EVERY DAY!

MRS MACS

BEF PIS

BEF PIS

BY PIS

\$450
EVERY DAY!

Chris'
Dips 200g
\$2.25 per 100g













#### **DRINKS**

















Whittaker's Slab Bars 45-50g











4-6s

\$350 SAVE \$1.00



Primo Stackers or Trio 45-57g



\$2<sub>ea</sub>

SAVE 50¢

Kinder Surprise 20g \$10.00 per 100g







SAVE 50¢

Kinder Joy 20g \$12.50 per 100g









**Dairy Farmers** Thick & Creamy Yoghurt 550-600g

Danone Activia Yoghurt 4 Pack

\$550 SOUTH **GREAT VALUE** ORGANIC Paris Creek Farms Organic Yoghurt 500g

\$1.10 per 100g

Pauls Custard Pouch 70g \$1.71 per 100g



Boss Coffee

SAVE \$1.00 179-237ml

SAVE \$1.00

Brownes Wiggles Pouch Yoghurt 90g \$1.11 per 100g





Tamar Valley The Creameru Yoghurt 170g \$0.85 per 100g









Olive Grove Spread 500g \$0.90 per 100g





Kraft Cheese Singles 432g \$16.20 per kg



Mainland Block Cheese 250g \$2.00 per 100g



KR Castlemaine Short Cut Bacon 630g \$17.46 per kg



Riverina Haloumi 180-190g







**HEAT & EAT** 

La Famiglia Sour Dough Garlic Bread 480g \$1.67 per 100g





**GREAT VALUE** 



Latina Fresh Sauce 425g or Fresh Pasta Ravioli 375g







McCain Family Pizza 490-500g



\$5.33 per kg



Patties Mini Combos 40s 1.1kg \$10.36 per kg











Four 'N Twenty Angus Pies 700g 4 Pack \$1.27 per 100g













Streets Paddle Pop Multipacks 8's 544ml \$1.29 per 100ml



Cadbury Ice Cream 460ml \$1.63 per 100ml







Golden North Ice Cream 2 Litre \$3.95 per litre









Peters Drumstick 24 Pack or Summer Favs 24 Pack \$1.00 each







Nanna's Sweet Bites 300g \$1.83 per 100g



\$3.00 per litre



Sara Lee Puddings 475g \$1.37 per 100g

























- Community Co Soap 2 Pack \$3.40ea GREAT VALUE \$1.70 per 100g
- Community Co For U Regular Liners 20 Pack **\$1.50ea GREAT VALUE** \$0.08 each
- Community Co Make Up Pads 80 Pack **\$2.15ea GREAT VALUE** \$0.02 each
- Community Co For U Ultra Thin Pads 10-14 Pack \$2.75ea GREAT VALUE
- C. Community Co Body Wash 500ml **\$4.50ea GREAT VALUE** \$0.90 per 100ml
- Community Co For U Regular Tampons 20 Pack **\$3.15ea GREAT VALUE** \$0.16 each

CHOOSE SUPERIOR **COMFORT AND PROTECTION** 

SAVE \$2.50 U By Kotex Ultra Thin Pads



®/TM Trademarks of Kimberly-Clark Worldwide, Inc. or its affiliates, or used with permission. © KCWW





INSTANT ABSORPTION.

TENA InstaDRY pads offer leak-free protection, keeping you dry for up to 12hrs.



Tena Pads InstaDRY 6-12 Pack















8-14 Pack









PANTENE

## **PANTENE**PRODUCTS



- Pantene Miracles Hair Mask 250ml \$7.50ea SAVE \$7.50 \$3.00 per 100ml
- B. Pantene Shampoo or Conditioner 375ml \$5ea SAVE \$5.00 \$1.33 per 100ml
- Pantene Miracles Shampoo or Conditioner 650ml \$10ea SAVE \$10.00 \$1.54 per 100ml



## HEAD & SHOULDERS PRODUCTS



- A. Head & Shoulders Ultra Mens 2 in 1400ml **\$8ea SAVE \$8.00** \$2.00 per 100ml
- Head & Shoulders Shampoo or Conditioner 400ml \$7.50ea SAVE \$7.50 \$1.88 per 100ml
- Head & Shoulders Shampoo or Conditioner 660ml \$10.50ea SAVE \$10.50 \$1.59 per 100ml





- Oral B Gum Care Toothpaste 110g \$5ea SAVE \$5.00 \$4.55 per 100g
- Oral-B Vitality Power Toothbrush 1 Pack \$25ea SAVE \$25.00
- Oral B 3D Luxe Whitening Toothpaste 95g \$5ea SAVE \$5.00 \$5.26 per 100g



- Vicks Nasal Spray Decongestant Inhaler 1 Pack \$6.20ea SAVE \$2.70
- B. Vicks VapoDrops Lozenges 24 pack \$4.10ea SAVE \$1.80 \$0.17 each
- Vicks Kids Vapo Pops Berry 8 Pack \$6.90ea SAVE \$3.00 \$0.86 each

























\$250 VEGETABLE CHICKEN BEEF BOLOGNESE PASTA RISOTTO Only Organic Express Meals 220g \$1.14 per 100g



\$33<sub>ea</sub> SAVE \$3.75

Sudocrem

Tub 400g\*



Huggies Babu Wipes 3x72s or 3x80s

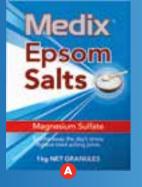
SAVE \$2.00



Palmolive Kids 3in1350ml \$0.86 per 100ml



- Medix Epsom Salts 1kg \$7ea SAVE 95¢ \$0.70 per 100g
- Salts & Co Magnesium Flakes 750g or Bath Salts 1kg **\$6ea SAVE \$3.00**
- C. Burt's Bees Lip Balm 4.25g \$4ea SAVE \$3.00 \$9.41 per 10g







\$3<sub>ea</sub>

SAVE \$1.00

Palmolive Ultra Dishwashing Liquid 500ml \$0.60 per 100ml



\$450 ea

SAVE \$1.00

Bosisto's Bathroom & Shower or Multi Purpose Cleaner 500ml \$0.90 per 100ml



\$350 SAVE \$1 50

Windex Glass Cleaner Trigger 500ml \$0.70 per 100ml



\$360 ea

SAVE \$1.20



Jif Cream Cleanser 500ml \$0.72 per 100ml

SAVE \$5.75

Duracell
Coppertop
Batteries
AAA14 or
AA16 Packs

\$275 ea



Redheads Natural Firelighters 28 Pack \$0.10 each

\$560 ea

SAVE \$1.40

Dettol Multi Purpose Spray 750ml \$0.75 per 100ml



STOCK UP ON YOUR HOME

CLEANING FAVOURITES

- A. Finish Ultimate Dishwashing Tablets 46 Pack\$24.50ea SAVE \$24.50 \$0.53 each
- B. Pine O Cleen Disinfectant Wipes 150 Pack \$7.50ea SAVE \$7.50 \$0.05 each
- C. Vanish Gold Stain Remover Powder 2Kg\* \$16ea SAVE \$16.00 \$8.00 per kg

\*Always read the label and follow the directions for use.





#### **HOUSEHOLD**

\$495 ea SAVE \$3.05



Pine O Cleen Disinfectant 1.25 Litre \$3.96 per litre

\$720 ea SAVE\$2.80

Viva Paper Towel 6 Pack \$2.00 per 100 sheets



\$450 ea

GREAT VALUE



Quilton 4 Ply Absorba Paper Towel 3 Pack \$2.50 per 100 sheets

\$280 SAVE 70¢



Kleenex Large & Thick Facial Tissues 95 Pack \$2.95 per 100 units

\$690 SAVE \$2.00



Quilton 3 Ply Ecoply Toilet Rolls 10 Pack \$0.38 per 100 sheets

SAVE \$2.25

Vicenex

Kleenex Double Length Toilet Rolls 4 Pack \$0.36 per 100 sheets

SAVE \$1.80



Who Gives A Crap 3 Ply Toilet Paper 6 Pack \$0.32 per 100 sheets









## MIX UP MEALTIME TONIGHT



Nature's Gift Deli Roll 1.4ka (Available in Meat Dept. Fridge) \$3.00 per kg

**GREAT VALUE** 

Nature's Gift Dog Food 6 x 100g \$0.85 per 100g



Nature's Gift Treats 130g



SAVE \$5.60

Nature's Gift Dry Dog Food 6kg \$0.37 per 100g



\$420 ea

SAVE \$1.80

Nature's Gift Slow Cooked Meals 2 x 220g (Available in Meat Dept. Fridge) \$9.55 per kg



**GREAT VALUE** 



Breeder's Choice Cat Litter 6 Litre \$1.25 per litre





PRICES EFFECTIVE FROM WEDNESDAY 18TH JUNE 2025 TO TUESDAY 24TH JUNE 2025, OR WHILE STOCKS LAST.

Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 12.05.25. Advertised savings may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.





### **HEALTH & BEAUTY**



\$160

**EVERY DAY!** 

Hein7 egelable Heinz Baby Food 170g \$0.94 per 100g

**EVERY DAY!** 

Rafferty's Garden Fruit Snack Bars 128g \$3.91 per 100g



**EVERY DAY!** 



Childs Farm Bath Wash 250ml

\$3.20 per 100ml

**EVERY DAY!** 



Berocca Drink 250ml \$1.98 per 100ml

**EVERY DAY!** 



Centrum

Advance Multi Vitamin 60 Pack \$0.26 each

**EVERY DAY!** 

Johnson's Daily Essentials Facial Cleansing Wipes 3 Pack \$0.20 each



**EVERY DAY!** 

Elvive Shampoo or Conditioner 700ml \$1.71 per 100ml



**EVERY DAY!** 

Taft Styling Mousse 200g \$3.00 per 100g





Vo5 Dry Shampoo 250ml \$2.72 per 100ml

**EVERY DAY!** 

Pedigree Dry Dog Food 8ka \$0.32 per 100g





**EVERY DAY!** 





Fussy Cat Steak Range 5 x 90g 450g (Available in Meat Dept. Fridge) \$12.89 per kg

**EVERY DAY!** 



Fussy Cat Grain Free Twice as Tasty 12 x 80g \$1.15 per 100g

**EVERY DAY!** 

Chux Wash-Up Faster DishWand with Replaceable Scourer 1Pack \$4.50 each



**EVERY DAY!** 

Chux Dish Wand Non-Scratch Refill 3 Pack \$1.80 each



**EVERY DAY!** 



Chux Heavy Duty Superwipes Roll 25 Pack \$0.26 each

**EVERY DAY!** 



**EVERY DAY!** 

Finish Rinse Aid 500ml \$1.59 per 100ml



**EVERY DAY!** 



Gumption Multi-Purpose Cleaner 500g \$0.96 per 100g



Morning Fresh

350-400ml

#### PET





\$680 ea

#### **GREAT VALUE**

Purina Lucky Dog Bones 800g \$0.85 per 100g





















\$0.60 each



#### **BEER**

375ml



Coopers Sparkling Ale Cans or Bottles



Coopers XPA Cans



375ml



Coopers **Draught Cans** 

#### THE EXPERIENCE

"Coopers Draught epitomises the freshness in flavour that you would expect from a beer poured from a keg. This is our classic smooth, full flavoured draught beer that you can now enjoy at any occasion. Coopers Draught is infused with Hallertauer Tradition hops to give delicate citrus and pine aromas and with a modest 4.2%ABV, it is as close as you can get to enjoying the quality of a draught beer at home or in your mates back yard." Jon Meneses, Brewing & Supply Chain Manager.

#### **SPIRITS**





Bundaberg Red Rum





Bundaberg Captain Morgan U.P. Rum Spiced Rum Cinnamon Whisky



Firehall



Gordon's



Johnnie Walker Southern Dry Gin Red Label Scotch Comfort 30%



Eristoff™ Vodka



Pimm's Nn1 Aperitif

#### **WINE**





Annie's Lane Range



Reserve Brut



Currency Creek De Bortoli Grant Burge Sparkling Petite Range Blue Gris





Matua Valley Range



Secret Stone Range



Shaw Family



Wynns





Bleasdale 2nd



La Vieille



Langmeil Bella Peter Lehmann Innings Malbec Ferme Rosé Rouge Cabernet Rosé Portrait Series



Langmeil Valley Floor Shiraz



Penfolds Max's Range





Local Cellars supports the responsible service of alcohol and follows the General Code of Practice under the Liquor Licensing Act 1997. It is an offence to sell or supply alcohol to or on behalf of aperson aged under 18 years. Savings are off regular prices. Prices valid at South Australian Local  $\label{lem:constraint} \textbf{Cellars stores only until sold out. We reserve the \textit{right to limit purchases to reasonable retail}$ quantities, commercial quantities not supplied. Images are for advertising purposes only. Prices include GST where applicable. Promotional price effective from 18/06/25 to 1/07/25.



# GREAT SAVINGS LIVE HE



SAVE \$3.00 ME4 Darrell Lea Chocolate Bullets



Arnott's Family Choc Biscuits 160-250g (Selected Varieties)

SAVE \$6.50

Pantene Miracles Shampoo 375ml or Conditioner 350ml \$16<sub>ea</sub>

150-204g

SAVE \$16.00



ОМО





Dine Cat Food Tray 85g \$1.12 per 100g



SAVE 85

Whiskas Cat Food 400g \$0.46 per 100g



COLLAGEN









