

# FOODLAND

On Sale 29 January – 4 February 2025

**\$12<sup>90</sup>**  
kg



O'Brien's Boned & Rolled Loin Roast

Serving suggestion

**\$2<sup>20</sup>**  
ea

SAVE \$2.20  
UP TO



Sanitarium Weet-Bix 575g \$0.38 per 100g



**\$3**  
ea

SAVE \$3.00  
UP TO



Arnott's Tim Tam Biscuits 165-200g  
(Excludes Deluxe Range)

**\$4<sup>25</sup>**  
ea

SAVE \$4.25  
UP TO



Smith's  
or Doritos  
Party Bag  
Chips 380g  
\$1.12 per 100g

**\$9**  
ea

SAVE \$9.00  
UP TO



Pepsi, Solo or  
Schweppes  
Cans 10 x 375ml  
\$2.40 per 100ml

**\$22<sup>90</sup>**  
kg

EXTRA LARGE



**LUKINA**  
SEAFOODS

(while stock last.)

Lukina Lukin  
South Australian  
Cooked Extra Large  
King Prawns 10/15  
(Find me in the Deli.  
Thawed product)

FOODLAND POS 2025 P1

**GREAT FOOD LIVES HERE**

**Multix®**

*Why would you buy anything else*

**\$3** ea

**SAVE \$1.00**  
UP TO

Multix Greener Plant Based Sandwich Bags 30 Pack \$0.10 each



**\$3** ea

**SAVE \$1.00**  
UP TO

Multix Greener 100% Recycled Alfoil 10 Metre or Cling Wrap 60 Metre



**\$3** ea

**SAVE 95¢**  
UP TO

Multix Colour Scents Handy Ties Tidy Bags Large 30 Pack \$0.10 each



# BACK TO

**\$275** ea

**SAVE \$2.75**  
UP TO



Décor Tellfresh Oblong Container 1 Litre \$2.75 each

**\$350** ea

**SAVE \$3.50**  
UP TO



Décor Tellfresh Oblong Container 2 Litre \$3.50 each

**HALF PRICE**

**DÉCOR TELLFRESH PLASTIC CONTAINERS**

**\$550** ea

**SAVE \$5.50**  
UP TO



Décor Tellfresh Oblong Container 500ml 3 Pack \$1.83 each

**\$850** ea

**SAVE \$8.50**  
UP TO



Décor Tellfresh Super Storer 8.5 Litre \$8.50 each

**\$335** ea

**SAVE \$2.25**  
UP TO

Sharpie Fine Tip Black Marker 2 Pack \$1.68 each



**\$480** ea

**SAVE \$3.20**  
UP TO

Sharpie Gel Pen Black or Blue 2 Pack \$2.40 each



**\$3** ea

**SAVE \$2.00**  
UP TO

Paper Mate Inkjoy 300 Ballpoint Pens Assorted or Black 4 Pack \$0.75 each



**\$435** ea

**SAVE \$4.40**  
UP TO

Sharpie Fluo XL Highlighter 4 Pack \$1.09 each



# SCHOOL



**HALF PRICE**

More for your money... Always!



- A. BIC 4 Colour Ballpoint Pens 3 Packs **\$5ea SAVE \$5.00** \$1.67 each
- B. BIC Atlantis Retractable Pens Blue or Black 4 Pack **\$3ea SAVE \$3.00** \$0.75 each
- C. BIC Round Stick Pens ASSTD or Blue 10 Packs **\$2.25ea SAVE \$2.25** \$0.23 each

**\$9<sup>80</sup>**  
ea

**SAVE \$4.20**  
UP TO



Décor  
Stainless Steel  
Junior Sip  
Bottle 500ml

**\$6<sup>90</sup>**  
ea

**SAVE \$4.60**  
UP TO



Décor  
Tritan  
Banded  
Bottle 750ml

**\$5<sup>60</sup>**  
ea

**SAVE \$2.40**  
UP TO



Décor  
Slider  
Sports  
Bottle 1 Litre

**\$10<sup>20</sup>**  
ea

**SAVE \$6.80**  
UP TO



Décor  
Jumbo  
Tritan Bottle  
2.2 Litre



**STAY CHARGED IN TERM 1**

**\$13<sup>75</sup>**  
ea

**SAVE \$5.75**  
UP TO



Duracell  
Coppertop  
Batteries  
AAA 14 Pack  
or AA 16 Pack

**\$6**  
ea

**SAVE \$3.50**  
UP TO



Duracell  
Button  
Batteries  
CR2032,  
CR2025  
or CR2016  
2 Packs

FRESH

# AUSSIE Seedless Watermelon



**\$180**  
kg

**SEEDLESS**

Seedless Red Watermelon

**\$4**  
ea

**MARKET FRESH**



Tops On Pineapple

**\$5.90**  
kg

**FARM FRESH**



Loose Limes

**\$280**  
ea

**250G PUNNET**



Mini Lebanese Cucumbers  
250g Punnet \$11.20 per kg

**\$380**  
ea

**300G PACK**



Celery Cuts 300g Pack \$12.67 per kg

**HAPPY LUNAR  
NEW YEAR**

# AUSSIE White Grapes



**\$4.80**  
kg

**FARM  
FRESH**

White Grapes

**\$4**  
ea

**1KG TUB**



**PECULIAR  
PICKS**



Peculiar Picks Nectarines 1kg \$4.00 per kg

**\$3.80**  
ea

**2KG BAG**



Daisy Chippers Potatoes 2kg Bag \$1.90 per kg

**\$3.20**  
ea

**LOCAL  
PRODUCE**



Hi Fresh Mesclun Mix 180g \$17.78 per kg

**\$2.80**  
ea

**AUSSIE  
GROWN**



Iceberg Lettuce

**\$3.90**  
ea

**GREAT VALUE**



Simply Tasty Classic Salad 300g  
\$13.00 per kg

# MEAT

**\$33<sup>90</sup>** kg

**Premium**

PRODUCT OF AUSTRALIA



Australian Premium Beef Scotch Fillet Steak

Serving suggestion

**\$13<sup>90</sup>** kg

**Aussie Chicken**

PRODUCT OF AUSTRALIA



Australian Skinless Chicken Thigh Fillets

Serving suggestion

**\$14<sup>90</sup>** kg

**Premium**

PRODUCT OF AUSTRALIA



Australian Premium Beef Mince

Serving suggestion

**\$13<sup>90</sup>** kg

**Aussie Lamb**

PRODUCT OF AUSTRALIA



Australian Lamb Forequarter Chops

Serving suggestion

**\$19<sup>90</sup>** ea

**AUSTRALIAN PORK**

**HEAT & EAT**

BEAK & SONS

MEXICAN INSPIRED SMOKED CARNITAS PULLED PORK



Beak & Sons Pulled Mexican Pork 800g  
\$24.88 per kg

**\$7<sup>90</sup>** ea

**BUY LOCAL**

**SOUTH AUSTRALIA**



Slape & Sons Premium Sausage 480g Range (Selected Varieties) \$16.46 per kg

**\$13<sup>90</sup>** ea

**PRODUCT OF AUSTRALIA**

**SAVE UP TO \$2.60**

Luv A Duck



Luv A Duck Legs 450-500g Range

**\$7<sup>50</sup>** ea

**BARRA OR SALMON**

**SOUTH AUSTRALIA**



Barossa Fine Foods Barramundi or Salmon Burgers 220g \$34.09 per kg (thawed for your convenience)

**\$26<sup>90</sup>** kg

**HEAT & EAT**

**SOUTH AUSTRALIA**



Our Kitchen Fully Cooked Boneless Chicken Roast Traditional or Roasted Tomato & Garlic

**\$12<sup>90</sup>** ea

**SAVE UP TO \$2.10**

**SOUTH AUSTRALIA**



Hahndorf Mettwurst 500g \$25.80 per kg

# MEAT & SEAFOOD

**\$9<sup>90</sup>** kg

**AUSTRALIAN PORK**

SA OWNED  
**O'Brien's Wholesale Meats**  
100% SOUTH AUSTRALIAN PORK  
Local Produced and 100% SA OWNED

**O'Brien's Boneless Pork Leg Roast**

Serving suggestion

**\$14<sup>50</sup>** ea

**NEW PRODUCT**

**SAVE \$3.40 UP TO**

**PORK SPARERIBS**

**The Cookhouse Pork Spare Ribs Range 600g \$24.17 per kg**

Serving suggestion

**\$14<sup>95</sup>** ea

**SAVE \$5.50 UP TO**

**THOMAS CAPPO SEAFOODS**

**Thomas Cappo Seafoods Raw Prawns Meat 500g \$29.90 per kg**

Serving suggestion

**\$14<sup>50</sup>** kg

**THOMAS CAPPO SEAFOODS**

**Thomas Cappo Seafoods U/5 Imported Squid Tubes (Find me in the Deli Thawed)**

Serving suggestion

**\$8<sup>90</sup>** ea

**SAVE \$1.60 UP TO**

**TROPICAL ISLAND**

**CRISPY CRUMBED FISH PORTIONS**

**Tropical Island Fish Portions 500g \$17.80 per kg**

**\$9<sup>50</sup>** ea

**SAVE \$1.70 UP TO**

**Global Seafoods Crumbed Squid Rings 500g \$19.00 per kg**

**\$18<sup>50</sup>** ea

**BUY SA**

**SOUTH AUSTRALIA**

**Ferguson Southern Garfish Fillets 200g \$9.25 per 100g**

**\$28<sup>90</sup>** ea

**SAVE \$15.00 UP TO**

**THOMAS CAPPO**

**CRUMBED PRAWN CUTLETS**

**Thomas Cappo Cooked Prawn Cutlets (Tail On) 1kg \$28.90 per kg**

**\$13<sup>90</sup>** ea

**SAVE \$4.10 UP TO**

**THOMAS CAPPO**

**CRUMBED WHITING FILLETS**

**Thomas Cappo Seafoods Crumbed Whiting Fillets 1kg \$13.90 per kg**

**\$15<sup>50</sup>** ea

**SAVE \$3.20 UP TO**

**KB'S**

**PRAWN GYOZA**

**KB's Prawn or Vegetable Gyoza 750g \$20.67 per kg**

# DELI



- A. KR Castlemaine Australian Roast Beef **\$27.90kg**
- B. Hans Hungarian Salami Mild or Hot **\$29.90kg**
- C. D'Orsogna Premium Silverside **\$22.90kg**
- D. AusFresh Antipasto Tuscan or Euro Mix **\$21.90kg**
- E. Chapman Kabana **\$14.90kg**
- F. D'Orsogna Mild Tasty Sticks **\$23.90kg**
- G. Barossa Fine Foods Fior Di Cotto **\$26.90kg**
- H. Bertocchi Pancetta **\$34.90kg**
- I. Westzanyer Dutch Smoked Cheese **\$18.90kg**

**\$17<sup>90</sup>** kg

Primo Streaky Bacon

**\$17<sup>50</sup>** kg

Barossa Fine Foods Frit

**\$28<sup>90</sup>** kg

Our Kitchen Shredded Chicken Breast Roast Style or Tandoori

**\$7<sup>90</sup>** kg

KR Castlemaine Cocktails or Franks Skin On

**\$27<sup>90</sup>** kg

Aldinga Turkey Breast Smoked or Roasted

**\$8<sup>50</sup>** ea

**SAVE \$6.40 UP TO**

King Island Brie, Camembert, Blue Brie, Roaring 40s or Cheddars 170-200g



# BAKERY

**\$4.80**  
ea

**FAMILY TRADITION**



Vili's Traditional Pies,  
Pasties or Sausage Rolls 150-165g

**\$2.30**  
ea

**SAVE \$2.30 UP TO**

**HALF PRICE**



Golden Bakery  
Crumpet  
Round  
6 Pack  
\$0.38 each

# BACK TO SCHOOL

**2 FOR**

**MULTI BUY**

**\$7**

or \$4.50 ea



**\$3.50**  
ea

**SAVE UP TO \$1.00**



Mission Bread  
Souvlaki  
Plain 320g  
\$1.09 per 100g

**\$5.95**  
ea

**GREAT VALUE**



Paolo's Sourdough  
Vienna Bread  
Range 680g  
\$0.88 per 100g



Simson's Pantry  
Mini 12 Pack or 8 Pack Wraps

**\$4.50**  
ea

**GREAT VALUE**

**\$4.30**  
ea

**SAVE UP TO 70¢**



Happy Muffin  
or Mini Muffin Range 4-8 Pack

**\$7.25**  
ea

**BUY LOCAL**



Dulwich Bakery Cookies 300-350g



Wonder 5 Star Bread 680g  
\$0.66 per 100g

**\$5.80**  
ea

**SAVE UP TO 70¢**



Helga's Crafted  
700-750g

**\$3**  
ea

**SAVE UP TO 75¢**



Country Delight  
Snowballs  
8 Pack 200g  
\$1.50 per 100g

**\$4.50**  
ea

**EVERY DAY!**



Tip Top The One Bread 700g \$0.64 per 100g

# BISCUITS & SNACKS

**\$3.50**  
ea

**SAVE UP TO \$1.50**



Arnott's Multipack Biscuits or Shapes 168-200g

**\$2**  
ea

**SAVE UP TO \$2.00**



**ALL HALF PRICE**

Ritz Mini Crackers 155-160g

**\$3.25**  
ea

**SAVE UP TO \$3.25**



Arnott's Tim Tam Deluxe Range 175g \$1.86 per 100g

**\$2**  
ea

**SAVE UP TO \$2.00**



In a Biskit 160g \$1.25 per 100g

**\$3.50**  
ea

**SAVE UP TO \$1.00**



BelVita Breakfast or Sandwich Biscuits 253-300g

**\$3.50**  
ea

**SAVE UP TO \$1.00**



Olinas's Artisan Crackers 100g (Excludes gluten free) \$3.50 per 100g

**\$3**  
ea

**SAVE UP TO \$1.00**



Arnott's Salada or Vita Weat Crispbread 250g \$1.20 per 100g

**\$6.50**  
ea

**SAVE UP TO \$1.00**



Glico Pocky Biscuit Sticks 160-176g

**\$9.50**  
ea

**GREAT VALUE**



Nature's Delight Natural Nut Mix 400g \$2.38 per 100g

**\$10.90**  
ea

**GREAT VALUE**



Yummy Delight Apricot 500g \$2.18 per 100g



PRICES EFFECTIVE FROM WEDNESDAY 29TH JANUARY 2025 TO TUESDAY 4TH FEBRUARY 2025, OR WHILE STOCKS LAST.

• Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 23.12.24. Advertised savings may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.

Please recycle this catalogue

**\$1.95**  
ea

**SAVE \$1.55**  
UP TO



Sanitarium  
So Good  
UHT Extra  
Creamy or  
No Added  
Sugar Oat  
Milk 1 Litre  
\$1.95 per Litre

**\$6.50**  
ea

**SAVE \$1.40**  
UP TO



Starbucks By Nespresso Capsules 10 Pack

**\$3.50**  
ea

**SAVE \$3.50**  
UP TO

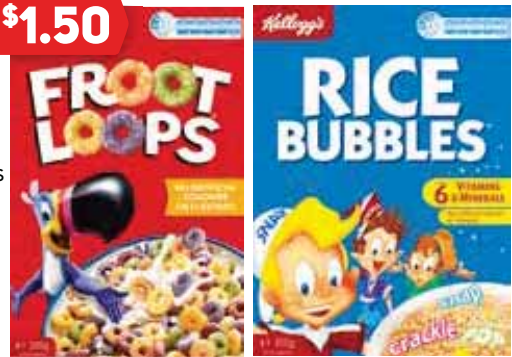
**HALF PRICE**



Nestlé  
Trix Cereal  
310g  
\$1.13 per 100g

**\$5.50**  
ea

**SAVE \$1.50**  
UP TO



Kellogg's  
Froot  
Loops  
285g or  
Rice  
Bubbles  
410g

**\$5.60**  
ea

**SAVE \$1.90**  
UP TO



Carman's  
Muesli  
500g  
\$1.12 per 100g

**\$13.75**  
ea

**SAVE \$4.15**  
UP TO



Nestlé  
Milo 1.1kg  
\$12.50 per kg

**\$4.25**  
ea

**SAVE \$4.25**  
UP TO

**HALF PRICE**



Twinings  
Live Well  
Tea Bags  
18-22 Pack

**\$4.40**  
ea

**SAVE \$1.10**  
UP TO



Vegemite  
Gluten Free  
235g  
\$1.87 per 100g

**\$14.35**  
ea

**SAVE \$6.15**  
UP TO



Moccona  
Specialty  
Blend Instant  
Coffee 200g  
\$7.17 per 100g

**\$6.75**  
ea

**SAVE 75¢**  
UP TO



Lotus  
Biscoff  
Spread  
380-400g

# PANTRY

**\$3.90**  
ea

**SAVE \$2.10**  
UP TO



Betty Crocker  
Cake Mix  
370-450g

**\$3.40**  
ea

**SAVE \$2.40**  
UP TO



Golden Circle Refreshers 6 x 250ml \$2.27 per litre

**\$2.75**  
ea

**SAVE \$2.75**  
UP TO

**HALF PRICE**



Kellogg's K-Time Twist 185g \$1.49 per 100g

**\$4.50**  
ea

**SAVE \$2.50**  
UP TO



Betty Crocker Muffin Mix 500g \$0.90 per 100g

**\$9.40**  
ea

**SAVE \$2.40**  
UP TO



Queen  
Organic  
Vanilla  
Bean  
Paste 65g  
\$14.46 per 100g

**\$11.50**  
ea

**SAVE \$1.50**  
UP TO



Red Island  
Australian  
Extra Virgin  
Olive Oil  
500ml  
\$2.30 per 100ml

**\$3**  
ea

**SAVE UP TO 60¢**



Bundaberg  
Soft Icing  
Mixture 1kg  
\$3.00 per kg

**\$3.10**  
ea

**SAVE \$1.10**  
UP TO



Equal  
Sweetener  
Tablets  
100 Pack

**\$3**  
ea

**SAVE \$1.00**  
UP TO



Vitasoy  
Home  
Barista Oat  
or Almond  
Milk UHT  
1 Litre  
\$3.00 per litre

**\$4.90**  
ea

**SAVE \$1.60**  
UP TO



Betty Crocker  
Frosting 400g  
\$1.23 per 100g

**\$3**  
ea  
**SAVE UP TO 73c**



Tilda  
Microwave  
Rice 250g  
\$1.20 per 100g

**\$5**  
ea  
**SAVE UP TO \$1.40**



ABC  
Sweet Soy  
Sauce 620ml  
\$0.81 per 100ml

**\$2.35**  
ea  
**SAVE UP TO 60c**



Mutti  
Polpa  
Chopped  
Tomatoes  
Organic  
400g  
\$0.59 per 100g

**\$1.60**  
ea  
**SAVE UP TO 67c**



True Thai  
Coconut  
Milk or  
Cream 400ml  
\$0.40 per 100g

**\$2.90**  
ea  
**SAVE UP TO 90c**



Kikkoman  
Asian Sauce  
Range  
225-250g

**\$2.90**  
ea  
**SAVE UP TO 62c**



True Thai  
Sauces  
300ml  
\$0.97 per 100ml

**\$1.50**  
ea  
**SAVE UP TO 26c**



Val Verde  
Legumes  
400g  
\$0.38 per 100g

**\$4.80**  
ea  
**SAVE \$1.20 UP TO**



Nice Rice  
Sushi  
Rice 1kg  
\$0.48 per 100g

**\$3.60**  
ea  
**SAVE UP TO 40c**



Clive of India  
Curry  
Powder 100g  
\$3.60 per 100g

**\$3.50**  
ea  
**SAVE \$1.00 UP TO**



San Remo  
Gluten Free  
Pasta  
250-350g

# PANTRY

# ZoÖsh

## EFFORTLESS SUMMER ENTERTAINING



Serving  
Suggestion

**\$1<sup>35</sup>**  
ea

**SAVE UP TO \$1.35**



John West Tuna Tempters 95g  
\$1.42 per 100g

**HALF  
PRICE**

**\$5<sup>60</sup>**  
ea

**SAVE UP TO \$1.40**



S&W  
Whole Egg  
Mayonnaise  
440g  
\$1.27 per 100g

**\$4<sup>30</sup>**  
ea

**SAVE UP TO 50¢**



Leggo's  
Tomato  
Paste 500g  
\$0.86 per 100g

**\$3<sup>80</sup>**  
ea

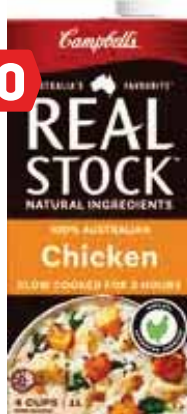
**SAVE UP TO \$1.20**



Gravox  
Gravy  
Canisters  
120-140g

**\$3<sup>50</sup>**  
ea

**SAVE UP TO \$1.00**



Campbell's  
Real Stock  
1 Litre  
\$3.50 per litre

**\$9**  
ea

**SAVE UP TO \$2.00**



Cobram Estate  
Infused  
Extra Virgin  
Olive Oil  
250ml  
\$3.60 per 100ml

**\$2<sup>70</sup>**  
ea

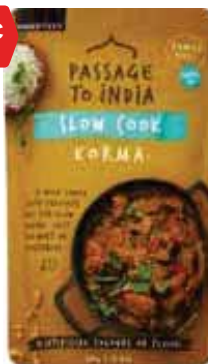
**SAVE UP TO \$1.15**

ZoÖsh  
Dressing  
300ml  
\$0.90 per 100ml

ZoÖsh and the  
ZoÖsh device  
are trade  
marks of the  
Bega Group.

**\$5<sup>85</sup>**  
ea

**SAVE UP TO 65¢**



Passage  
To India  
Slow Cooker  
Sauce 500g  
\$1.17 per 100g

**\$9<sup>50</sup>**  
ea

**SAVE UP TO \$1.00**



Hamper Corned Beef 454g \$2.11 per 100g

**\$3.50** ea  
**SAVE UP TO \$1.50**

**BACK TO SCHOOL**



CC's  
 or Cornados  
 Corn Chips  
 110-175g

**\$1.25** ea  
**SAVE UP TO \$1.25**

**HALF PRICE**



Whittaker's  
 Slab Bars 45-50g

**\$1** ea  
**SAVE UP TO \$1.50**

**Better than HALF PRICE**



Cadbury Medium Bar Lines 30-50g

**\$2.90** ea  
**SAVE UP TO \$1.90**



Smith's  
 Thinly Cut  
 Potato  
 Chips 175g  
 \$1.66 per 100g

**\$4.90** ea  
**SAVE UP TO \$2.10**



Cadbury  
 Sharepacks  
 144-180g

**\$4.20** ea  
**SAVE UP TO \$1.80**



Cadbury Medium Bar Lines 30-50g

**\$2.90** ea  
**SAVE UP TO \$1.90**




SunBites  
 Grain  
 Waves 170g  
 \$1.71 per 100g

**\$4.90** ea  
**SAVE UP TO \$2.10**



Nestlé  
 Block  
 Chocolate  
 118-180g

**\$4.20** ea  
**SAVE UP TO \$1.80**



M&M's,  
 Maltesers,  
 Pods or  
 Skittle  
 Bags  
 120-180g

**\$7.50** ea  
**EVERY DAY!**

**BACK TO SCHOOL**



Top 20  
 Variety  
 Pack 375g  
 \$2.00 per 100g

**\$3** ea  
**GREAT VALUE**



Pringles  
 Chips  
 5 x 19g  
 \$3.16 per 100g

**\$3.50** ea  
**SAVE UP TO \$1.50**



The Natural  
 Confectionery  
 Co. or  
 Pascal  
 Jubes  
 130-300g  
 (Excludes  
 Choc Coated  
 Varieties)

# DRINKS

**\$23<sup>10</sup>**  
ea

**SAVE \$15.40**  
UP TO



Coca-Cola  
Cans  
24 x 375ml  
\$2.57 per litre

**\$8<sup>70</sup>**  
ea

**SAVE \$5.80**  
UP TO



Kirks Cans 10 x 375ml \$2.32 per litre

**\$11<sup>40</sup>**  
ea

**SAVE \$7.60**  
UP TO



Coca-Cola or Varieties 12 x 300ml  
\$3.17 per litre

**\$25**  
ea

**GREAT VALUE**



Pepsi, Schweppes or Varieties  
Cans 30 x 375ml \$2.22 per litre

**\$1<sup>80</sup>**  
ea

**SAVE \$1.20**  
UP TO



Pepsi, Solo  
or Sunkist  
varieties  
1.25 Litre  
\$1.44 per litre

**\$3<sup>60</sup>**  
ea

**GREAT VALUE**



Nature's  
Delight  
Coconut  
Water 1 Litre  
\$3.60 per litre

**\$2<sup>20</sup>**  
ea

**SAVE \$1.80**  
UP TO



Maximus  
Grape  
1 Litre  
\$2.20 per litre

**\$7<sup>50</sup>**  
ea

**SAVE \$5.05**  
UP TO



Mother  
Energy  
Drink  
4 x 500ml  
\$3.75 per litre



**\$5**  
ea

**SAVE \$1.40**  
UP TO

Voss Still or Sparkling  
Water 800ml  
\$6.25 per litre



**\$2<sup>35</sup>**  
ea

**SAVE 40¢**  
UP TO

Voss Still  
Water 500ml  
\$4.70 per litre



**\$4<sup>60</sup>** ea

**SAVE \$1.20**  
UP TO



Birds Eye Golden Crunch Chips 900g  
\$5.11 per kg

**\$3<sup>90</sup>** ea

**SAVE \$3.40**  
UP TO



Pacific West  
Spring Rolls  
430g or  
Indian Platter  
\$0.91 per 100g

**\$10<sup>50</sup>** ea

**SAVE \$4.80**  
UP TO



Dumpling 100 Chicken or  
Pork Dumplings 500g \$2.10 per 100g

**\$9<sup>60</sup>** ea

**SAVE \$2.40**  
UP TO



Four 'N Twenty  
Angus Pies 700g 4 Pack \$13.71 per kg

**\$7** ea

**SAVE \$2.00**  
UP TO



McCain  
Pizza  
Slices 600g  
\$11.67 per kg

**\$8** ea

**SAVE \$2.00**  
UP TO



Birds Eye  
Deli Fish  
225-250g

**\$4<sup>70</sup>** ea

**SAVE \$1.90**  
UP TO

**NEW**  
PRODUCT



Birds Eye  
Frozen  
Vegetables  
825g  
\$5.70 per kg

**\$8** ea

**SAVE \$2.00**  
UP TO



Balfours Party Pies,  
Pasties or Sausage Rolls 12s

**\$3** ea

**SAVE \$1.50**  
UP TO



On The Menu  
Meals 260g  
\$1.15 per 100g

**\$5<sup>50</sup>** ea

**SAVE \$1.50**  
UP TO



Lean Cuisine Meals 375g \$1.47 per 100g

**\$5<sup>60</sup>** ea

**EVERY DAY!**



McCain  
Red Box  
Meals  
375-400g

# DAIRY

**\$4** ea

**GREAT VALUE**



Dairy Farmers Thick & Creamy Yoghurt 550-600g

**HALF PRICE**



**\$1.35** ea

**SAVE UP TO \$1.35**

Chobani Yoghurt Tub 160g \$0.84 per 100g

**\$7** ea

**SAVE UP TO \$1.00**



Pauls Kids Yoghurt or Dessert Snacks Pack 12 Packs

**\$7** ea

**SAVE UP TO \$1.45**



Yoghurt Shop Yoghurt 500g \$1.40 per 100g

**\$1.70** ea

**SAVE UP TO 60¢**



Pauls Plus Protein Yoghurt 150-160g

**\$4** ea

**SAVE UP TO \$1.35**



Dare Iced Coffee 750ml \$5.33 per litre

**\$4.40** ea

**SAVE UP TO \$1.10**



Only Juice Fruit Drink 2 Litre \$2.20 per litre

**\$2.90** ea

**SAVE UP TO \$1.20**



Oak 600ml or Ice Break 500ml Flavoured Milks

**\$5** ea  
**SAVE \$1.40**  
 UP TO

**BACK TO SCHOOL**



Don Sliced or Shaved Meats 160-200g

**\$3.30** ea  
**SAVE \$1.20**  
 UP TO

**BACK TO SCHOOL**



Primo Stackers 45-57g

**\$8.50** ea  
**SAVE \$2.50**  
 UP TO



Cheer Tasty Cheese Slices 500g

**\$7.50** ea  
**SAVE \$2.00**  
 UP TO



Perfect Italiano Cheese 450g  
 \$1.67 per 100g

**\$11.50** ea  
**SAVE \$3.30**  
 UP TO

**BACK TO SCHOOL**



KR Castlemaine Short Cut Bacon 630g  
 \$18.25 per kg



Cheer Cheese Slices 500g  
 \$1.70 per 100g

**\$3.95** ea  
**SAVE \$1.80**  
 UP TO



Flora ProActiv 250g \$1.58 per 100g

**\$2.70** ea  
**SAVE 80¢**  
 UP TO



ZoöSh Dips 185g \$1.46 per 100g

**\$5.50** ea  
**SAVE \$1.50**  
 UP TO



Primo Streaky Bacon 200g  
 \$2.75 per 100g

**\$9.20** ea  
**GREAT VALUE**

**SOUTH AUSTRALIA**



Cucina Classica Meals 300-350g

**\$13** ea  
**HEAT & EAT**  
**SAVE \$3.30**  
 UP TO



Ready Chef Lasagne 2kg  
 \$6.50 per kg

**\$8** ea  
**SAVE \$3.00**  
 UP TO



Latina Fresh Pasta 625g  
 \$1.28 per 100g

# FROZEN

**\$5**  
ea

**SAVE \$5.00**  
UP TO

**HALF PRICE**



Cadbury  
Ice Cream  
Oreo or  
Milo 1.2 Litre  
\$4.17 per litre

**\$8.50**  
ea

**SAVE \$3.50**  
UP TO



Connoisseur  
Ice Cream  
Multipacks  
4-6s

**\$7.90**  
ea

**SAVE \$4.95**  
UP TO



Golden North Ice Cream 2 Litre  
\$3.95 per litre

**\$7**  
ea

**SAVE \$2.00**  
UP TO



Streets  
Paddle Pop  
Multipacks  
8s 544ml  
\$1.29 per 100ml

**\$7.50**  
ea

**SAVE \$3.00**  
UP TO



Cadbury  
Ice Cream  
460ml  
\$1.63 per 100ml

**\$3.50**  
ea

**SAVE \$1.50**  
UP TO



Peters  
Icy Poles  
Multipacks  
8s  
\$0.59 per 100ml

**\$24**  
ea

**SAVE \$12.00**  
UP TO



Peters Drumstick or Summer Faves  
24 Pack \$0.84 per 100ml

**\$6.50**  
ea

**SAVE \$3.30**  
UP TO



Golden North Sorbet 1.2 Litre  
\$0.54 per 100ml

**\$8**  
ea

**SAVE \$2.00**  
UP TO



Creative Gourmet Blueberries, Mango  
or Mixed Berries 900g \$8.89 per kg

**\$5.60**  
ea

**SAVE \$1.40**  
UP TO



Sara Lee Deluxe NY Cheesecake  
& Sticky Date Pudding 2 Pack

**\$6**  
ea

**SAVE \$2.00**  
UP TO



Streets Viennetta 650ml \$9.23 per litre

**\$24**<sup>ea</sup>  
**SAVE \$4.00**  
 UP TO



Nestlé  
 NAN Supreme  
 Pro 3 Infant  
 Formula 800g  
 \$3.00 per 100g

**\$10**<sup>ea</sup>  
**GREAT VALUE**



Huggies  
 DryNites  
 8-10 Pack

**The trick is in the fit**

**\$13<sup>50</sup>**<sup>ea</sup>  
**SAVE \$4.50**  
 UP TO

BabyLove  
 Cosifit Nappies  
 26-44 Pack

**\$6**<sup>ea</sup>  
**SAVE \$2.60**  
 UP TO



CleanLIFE Body Wipes 40 Pack  
 \$0.15 each

**\$4**<sup>ea</sup>  
**SAVE \$1.00**  
 UP TO



Huggies Baby Wipes Refill 72-80 Pack

**\$6**<sup>ea</sup>  
**SAVE \$1.00**  
 UP TO



Palmolive  
 Kids 3 in 1  
 700ml  
 \$0.86 per 100ml



**20% OFF**  
**SELECTED CURASH PRODUCTS**

# HEALTH & BEAUTY



**HALF PRICE**

**\$4.75** ea  
**SAVE UP TO \$4.75**

Nivea Aerosol Antiperspirant Deodorant 250ml  
\$1.90 per 100ml

**NIVEA**

**GET OUR BEST BLACK & WHITE™**

**72h**

**SWEAT & ODOUR PROTECTION**



**\$9.40** ea  
**SAVE UP TO \$4.60**



Batiste Dry Shampoo 200ml  
\$4.70 per 100ml

**\$8** ea  
**SAVE UP TO \$3.00**



Clairel Nice 'N Easy Hair Colour 1 Pack

**\$4** ea  
**SAVE UP TO \$1.80**



Cottons Tampons Regular or Super 16 Pack \$0.25 each

**\$3.50** ea  
**GREAT VALUE**



Panadol Optizorb Caplets 16 Pack\* \$0.22 each

**\$4.75** ea  
**GREAT VALUE**



Nurofen Zavance Caplets or Tablets 12 Pack\* \$0.40 each

\*Always read the label. Follow directions for use. This medicine may not be right for you. Read the warnings on pack before purchase. Incorrect use could be harmful. If symptoms persist, talk to your health professional.



**30% OFF**  
**SELECTED POISE PRODUCTS**

**\$5** ea  
**SAVE \$4.00**  
 UP TO

Salts & Co  
 Bath Salts  
 750g or 1kg

**\$3.65** ea  
**SAVE UP TO 85c**

COUNTRY LIFE  
 Golden Lemon  
 Fresh Linen  
 & more clay

Country Life Soap 5 Pack \$0.81 per 100g

**HALF PRICE** SELECTED **COLGATE PRODUCTS**

A. Colgate 360 Degree Toothbrush 2 Pack  
**\$4ea SAVE \$4.00** \$2.00 each

B. Colgate Plax Mouthwash 500ml  
**\$3.50ea SAVE \$3.50** \$0.70 per 100ml

C. Colgate Dental Floss Mint 100ml  
**\$4ea SAVE \$4.00** \$0.04 per metre

**\$5** ea  
**SAVE \$2.25**  
 UP TO

Bic  
 Flex 4  
 Shaver  
 3 Pack  
 \$1.67 each

**\$13** ea  
**SAVE \$6.00**  
 UP TO

Herbal Essences  
 Shampoo or  
 Conditioner  
 600ml  
 \$2.17 per 100ml

**\$7.35** ea  
**SAVE \$3.15**  
 UP TO

Dettol  
 Touch of Foam  
 Hand Wash  
 Refill 900ml  
 \$0.82 per 100ml

**HALF PRICE** SELECTED **BRUT PRODUCTS**

BRUT ORIGINAL

THE SCENT OF WISDOM

SHOWER GEL ORIGINAL

72h ORIGINAL

24h ORIGINAL

48h ULTRA DRY

BODY SPRAY

FOODLAND THE MIGHTY SOUTH AUSTRALIA

# HOUSEHOLD

**\$9<sup>50</sup>**  
ea

**SAVE \$4.50**  
UP TO

Bosisto's  
Laundry Liquid  
1.2L Power Plus,  
Wool & Delicates  
and Sensitive  
\$7.92 per litre



**\$14**  
ea

**SAVE \$14.00**  
UP TO

OMO  
Laundry  
Liquid 2L or  
Powder 2Kg  
\$7.00 per L/Kg



**\$4<sup>95</sup>**  
ea

**SAVE \$3.05**  
UP TO

Pine O Clean  
Disinfectant  
Cleaner 1.25L  
\$3.96 per litre



**\$4<sup>20</sup>**  
ea

**SAVE \$2.80**  
UP TO

Duck  
Deep Action  
Toilet Gel  
750ml  
\$0.56 per 100ml



**\$6**  
ea

**SAVE \$6.00**  
UP TO

Pine O Clean  
Disinfectant  
Wipes  
110 Pack  
\$0.05 each



**\$5<sup>50</sup>**  
ea

**GREAT VALUE**

Ajax  
Professional  
Bathroom or  
Mould Remover  
Trigger 500ml  
\$1.10 per 100ml



**\$4<sup>90</sup>**  
ea

**SAVE \$2.10**  
UP TO

Dettol  
Multi Purpose  
Spray 750ml  
\$0.65 per 100ml



**\$6<sup>65</sup>**  
ea

**SAVE \$2.85**  
UP TO

Glen 20  
All-in-One  
Disinfectant and  
Air Freshener  
Spray 300g  
\$2.22 per 100g



**\$17<sup>50</sup>**  
ea

**SAVE \$7.50**  
UP TO

Raid  
Automatic  
Insect Light  
Trap Starter  
Pack  
\$17.50 each



**\$12<sup>65</sup>**  
ea

**SAVE \$5.25**  
UP TO

Raid  
Insect Light Trap  
Refills 3 Pack  
\$4.08 each





**\$10<sup>15</sup>**  
ea

**GREAT VALUE**



Kleenex  
Complete Clean  
Toilet Rolls 18 Pack  
\$0.31 per 100 sheets

**\$10<sup>50</sup>**  
ea

**EVERY DAY!**



Viva Double Length Paper Towel 4 Pack \$2.19 per 100 sheets

**\$6**  
ea

**SAVE \$4.30**  
UP TO



Kleenex Luxury Quilts Toilet Paper  
12 Pack \$0.33 per 100 sheets

**\$3<sup>60</sup>**  
ea

**SAVE 90¢**  
UP TO



Kleenex Special Care Facial Tissues  
140 Pack \$2.57 per 100 units

**\$4<sup>50</sup>**  
ea

**SAVE \$1.30**  
UP TO



Quilton Gold 4 Ply Toilet Rolls 6 Pack  
\$0.54 per 100 sheets

**\$7**  
ea

**SAVE \$3.00**  
UP TO



Mortein Fast  
Knockdown  
Multi-Insect  
Spray 300g  
\$2.33 per 100g

**\$12<sup>60</sup>**  
ea

**SAVE \$5.40**  
UP TO



Mortein  
Control  
Bomb  
3 x 125g  
\$3.36 per 100g

**\$2**  
ea

**SAVE 50¢**  
UP TO



Quilton White 3 Ply Facial Tissues  
110 Pack \$1.82 per 100 units

**\$4**  
ea

**SAVE \$1.80**  
UP TO



Earth Choice  
Dishwashing  
Liquid 900ml  
\$0.44 per 100ml

**\$24<sup>50</sup>**  
ea

**SAVE \$24.50**  
UP TO



Finish  
Ultimate  
Dishwashing  
Tablets  
46 Pack  
\$0.53 each

**\$34<sup>50</sup>**  
ea

**SAVE \$34.50**  
UP TO



Finish  
Ultimate  
Dishwashing  
Tablets  
80 Pack  
\$0.43 each

**HALF PRICE**

**\$8<sup>10</sup>**  
ea

**SAVE \$5.40**  
UP TO



Fussy Cat Twice as Tasty  
Multipack 12 x 80g \$0.84 per 100g

**\$8<sup>25</sup>**  
ea

**SAVE \$2.05**  
UP TO



Nutri-Mate  
Dog Food  
Roll 3kg  
(Available  
in Meat  
Dept. Fridge)  
\$2.75 per kg

**\$1<sup>40</sup>**  
ea

**SAVE 50¢**  
UP TO



Purina  
One  
Pouch 70g  
\$2.00 per 100g

**\$5<sup>90</sup>**  
ea

**SAVE \$2.10**  
UP TO



Friskies  
Dry Cat  
Food 1kg  
\$0.59 per 100g

**\$17**  
ea

**SAVE \$4.50**  
UP TO



Breeder's  
Choice Cat  
Litter 15L  
\$1.13 per litre

**\$11<sup>20</sup>**  
ea

**SAVE \$4.80**  
UP TO



Dine Classic Multipack 12 x 85g  
\$1.10 per 100g

**\$1<sup>75</sup>**  
ea

**SAVE 75¢**  
UP TO



Dine Desire 85g \$2.06 per 100g

**\$3<sup>20</sup>**  
ea

**SAVE 80¢**  
UP TO



Nature's Goodness Puppy Dog Food  
Roll 680g (Available in Meat Dept. Fridge)  
\$4.71 per kg

**\$16<sup>10</sup>**  
ea

**SAVE \$6.90**  
UP TO



Optimum  
Dry Dog  
Food  
2.5-3kg

**\$2<sup>50</sup>**  
ea

**SAVE 70¢**  
UP TO



Farmer's  
Market  
400g  
\$0.63 per 100g



**LOCAL  
CELLARS**  
DISCOVER MORE

Refreshing  
drinks like a  
**Summer  
breeze**

**BEER**

ANY 2  
24 PACKS FOR  
**\$108**  
OR \$58 ea

Coopers  
Pale Ale Bottles or Cans  
Australian Lager Cans  
Pacific Ale Cans



375ml

**SPIRITS**

**\$55** ea

Jack Daniel's  
Tennessee  
Apple 700ml



**\$62** ea

Vodka O  
37.5% 1L



**PREMIX**

**10 PACK**  
**\$45** ea

Hard Rated Cans 375ml  
Brookvale Union  
Lemon Squash Cans 330ml  
Cruiser Mixed 275ml



**WINE**

ANY 2  
FOR  
**\$16**

Lindeman's Bin Range  
McGuigan Black Label Series  
Seaview Brut  
Jacob's Creek Classic Range



750ml

ANY 2  
FOR  
**\$18**

Jacob's Creek Sparkling Range  
Tatachilla White Admiral Range



ANY 2  
FOR  
**\$26**

De Bortoli Blue Gris  
De Bortoli Rose  
Lindeman's Early Harvest Range



Call the team  
**DrinkWise**  
org.au



localcellars.com

Local Cellars supports the responsible service of alcohol and follows the General Code of Practice under the Liquor Licensing Act 1997. It is an offence to sell or supply alcohol to or on behalf of a person aged under 18 years. Savings are off regular prices. Prices valid at South Australian Local Cellars stores only until sold out. We reserve the right to limit purchases to reasonable retail quantities, commercial quantities not supplied. Images are for advertising purposes only. Prices include GST where applicable. Promotional price effective from 29/01/25 to 11/02/25.



**LOCAL  
CELLARS**

# FOODLAND

## GREAT SAVINGS LIVE HERE

**\$3** ea

SAVE \$3.00 UP TO



Polly Waffle or Violet Crumble Bites 120-150g

All **HALF PRICE**

**\$3** ea

SAVE \$3.00 UP TO



Darrell Lea Chocolate Blocks 160-180g

**\$3.50** ea

SAVE \$3.50 UP TO



Lipton Black or English Breakfast Tea Bags 100 Pack

**\$2.75** ea

SAVE \$2.75 UP TO



Uncle Tobys Muesli Bars 185g \$1.49 per 100g

**\$1.25** ea

SAVE \$1.25 UP TO



Maggi Cup Noodles 58-65g

**\$30** ea

SAVE \$9.00 UP TO



Huggies Ultra Dry Nappy Pants 48-62 Pack



All  
**HALF PRICE**

**\$7.50**  
ea

**SAVE \$7.50**  
UP TO



Nivea  
Kids SPF50+  
Roll On Sunscreen  
65ml  
\$11.53 per 100ml

**\$10.75**  
ea

**SAVE \$10.75**  
UP TO



Nivea  
Sunscreen Lotion  
SPF50+ 200ml  
\$5.37 per 100ml

**\$11.75**  
ea

**SAVE \$11.75**  
UP TO



Nivea  
Sunscreen Spray  
SPF30+ 200ml  
\$5.87 per 100ml

**\$4.50**  
ea

**SAVE \$4.50**  
UP TO



Schwarzkopf  
Extra Care  
Shampoo or  
Conditioner  
400ml  
\$1.13 per 100ml

**\$9.50**  
ea

**SAVE \$9.50**  
UP TO



Schwarzkopf  
Extra Care  
Shampoo or  
Conditioner  
950ml  
\$1.00 per 100ml

**\$1.90**  
ea

**SAVE \$1.95**  
UP TO



iCare Wipex Recycled Paper  
Towel 2 Pack \$1.58 per 100 sheets

**\$3.50**  
ea

**SAVE \$3.50**  
UP TO



Bref  
Liquid  
Toilet Gels  
600-700ml  
or Blocks  
42-50g

**\$5.50**  
ea

**SAVE \$5.50**  
UP TO



SARD Stain  
Remover  
Powder  
900g-1Kg

**\$16**  
ea

**SAVE \$16.00**  
UP TO



Vanish  
Gold Oxi Pro  
Stain Remover  
Powder 2Kg  
\$8.00 per Kg

**\$2.50**  
ea

**SAVE \$2.50**  
UP TO



Nivea  
Roll On  
Deodorant  
50ml  
\$5.00 per 100ml

**\$5**  
ea

**SAVE \$5.00**  
UP TO



Colgate Advanced Whitening  
Toothpaste 120-200g

**\$4.25**  
ea

**SAVE \$4.25**  
UP TO



Red Rock  
Deli Chips  
Party Bags  
290g  
\$1.47 per 100g

**\$3**  
ea

**SAVE \$3.00**  
UP TO



Menz  
FruChocs  
135-150g

**\$1.35**  
ea

**SAVE \$1.35**  
UP TO



Twisties,  
Burger Rings  
Cheetos  
or Toobs  
65-90g

**\$6**  
ea

**SAVE \$6.00**  
UP TO



Bulla  
Murray St  
1 Litre  
\$6.00 per litre

All  
**HALF PRICE**

**\$2.30**  
ea

**SAVE \$2.30**  
UP TO



Golden  
Bakery  
Crumpet  
Round  
6 Pack  
\$0.38 each

**\$11**  
ea

**SAVE \$11.00**  
UP TO



Cadbury  
Favourites  
520g  
\$2.12 per 100g

**\$3**  
ea

**SAVE \$3.00**  
UP TO



Menz  
Jelly Chocs  
130g  
\$2.31 per 100g

**\$2**  
ea

**SAVE \$2.00**  
UP TO



Bar Counter  
High Protein  
Bars 40g  
\$5.00 per 100g

**\$1.75**  
ea

**SAVE \$1.75**  
UP TO



Sweetmans  
Chews 105g  
\$1.67 per 100g

**\$2.75**  
ea

**SAVE \$2.75**  
UP TO



Darrell Lea  
Plain Licorice  
200-280g  
(excludes choc  
coated varieties)

**\$8**  
ea

**SAVE \$8.00**  
UP TO



V Energy  
Drink  
4 x 500ml  
\$4.00 per litre

# BAKERY & BISCUITS

Everyday  
**LOW PRICES**

on summer  
snacks



**MULTI BUY**

**2 FOR**

**\$3.70**  
or \$2.10 ea  
EVERYDAY

Sakata  
Rice  
Crackers  
80-90g



**\$3.30** ea

**EVERY DAY!**



Foodland  
Bread Range  
700g  
\$0.47 per 100g

**\$3.70** ea

**EVERY DAY!**



Foodland  
Hot Dog or  
Hamburger  
Rolls 6 Pack  
\$0.62 each

**\$4.50** ea

**EVERY DAY!**



Tip Top 9 Grain  
700-750g  
\$0.64 per 100g

**\$4.50** ea

**EVERY DAY!**



Wonder  
White 700g  
\$0.64 per 100g

**\$5** ea

**EVERY DAY!**



Helga's  
Bread  
650-850g

**\$5** ea


**EVERY DAY!**



Arnott's Family Assorted Biscuits 500g  
\$1.00 per 100g

**\$5** ea

**EVERY DAY!**



Arnott's  
Farmbake  
Cookies  
310g  
\$1.61 per 100g

**\$2.75** ea

**EVERY DAY!**



Sunbites  
Crackers  
105-110g

**\$6** ea

EVERY DAY!



Sanitarium  
Weet-Bix  
1.12kg  
\$0.54 per 100g



Everyday  
**LOW PRICES**

on healthy starts

**\$20<sup>80</sup>** ea

EVERY DAY!



Nescafé  
Blend 43  
250g  
\$8.32 per 100g

**\$29** ea

EVERY DAY!



Harris  
Coffee  
Beans 1kg  
\$2.90 per 100g

**\$10<sup>80</sup>** ea

EVERY DAY!



Lotus  
Biscoff  
Spread  
700-720g

**\$9** ea

EVERY DAY!



Uncle Tobys  
Goodness  
Shake 140g  
\$6.43 per 100g

**\$12<sup>50</sup>** ea

EVERY DAY!



Robert Timms  
Granulated  
Coffee 200g  
\$6.25 per 100g

**\$4<sup>25</sup>** ea

EVERY DAY!



Lipton Quality Black Tea Bags 50 Pack  
\$8.50 per 100g

**\$9<sup>90</sup>** ea

EVERY DAY!



Carman's  
Muesli 875g  
\$1.13 per 100g

**\$4<sup>50</sup>** ea

EVERY DAY!



Golden Circle  
Cordial 2 Litre  
\$2.25 per litre



# SNACKS

Everyday  
**LOW PRICES**



**\$3** ea

**EVERY DAY!**



on Rockstar energy

Rockstar Energy Drink 500ml  
\$6.00 per litre

**\$150** ea

**EVERY DAY!**





Foodland Mixers  
1.25 Litre  
\$1.20 per litre

**\$495** ea

**EVERY DAY!**





Crystal Spring Spring Water  
10 Litre  
\$0.50 per litre

**\$380** ea


**EVERY DAY!**



Majans InfuZions Straws Multipack  
5 x 15g  
\$5.07 per 100g

**\$410** ea

**EVERY DAY!**



Macy & Tailor Pretzels  
180g  
\$2.28 per 100g

**\$350** ea

**EVERY DAY!**



Harvest Snaps Multipacks  
5 x 18g  
\$3.89 per 100g

**\$550** ea

**EVERY DAY!**



Chupa Chups Best of Bag  
25 Pack  
\$1.83 per 100g

**\$7** ea

**EVERY DAY!**





Menz Bumbles Choc Honeycomb  
525g  
\$1.33 per 100g

**\$680** ea

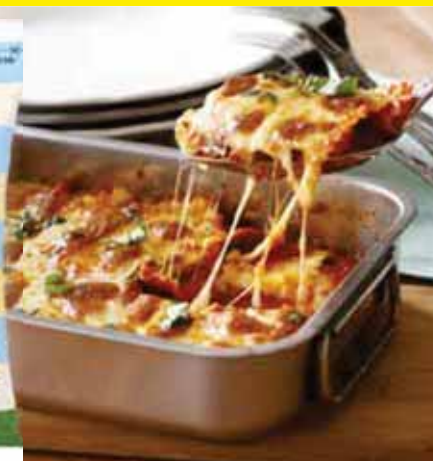
**EVERY DAY!**



Smarties  
340g  
\$2.00 per 100g

**\$10<sup>80</sup>**  
ea

EVERY DAY!



Everyday  
**LOW PRICES**

on cheesy goodness

Devondale Shredded Cheese 600g \$18.00 per kg

**\$5<sup>90</sup>**  
ea

EVERY DAY!



Brownes Dairy Natural Yoghurt 1kg \$5.90 per kg

**\$8**  
ea

EVERY DAY!



Yoplait Yoghurt 12 x 100g \$0.67 per 100g

**\$6<sup>90</sup>**  
ea

EVERY DAY!



Jacobs Fritz 1kg \$6.90 per kg

**\$6<sup>50</sup>**  
ea

EVERY DAY!



Farmers Union Iced Coffee 2 Litre \$3.25 per litre

**\$6**  
ea

EVERY DAY!



Bulla Real Dairy Ice Cream 2 Litre \$3.00 per litre

**\$4<sup>50</sup>**  
ea

EVERY DAY!



McCain Healthy Choice Meals 280-350g

**\$4<sup>30</sup>**  
ea

EVERY DAY!



McCain Super Fries Chips 900g \$4.78 per kg

**\$5<sup>90</sup>**  
ea

EVERY DAY!



Mildura Fruit Drink 3 Litre \$1.97 per litre



Everyday  
**LOW  
PRICES**

on bathroom  
essentials

**\$13** ea

**EVERY DAY!**

Johnson's  
Skincare  
Baby Wipes  
Fragrance  
Free  
3 x 80 Pack  
\$4.33 each

**\$5** ea

**EVERY DAY!**

Rafferty's  
Garden  
Fruit Snack  
Bars 128g  
\$3.91 per 100g

**\$2.85** ea

**EVERY DAY!**

Kiddylicious  
6+  
blueberry  
Wafers  
16g  
\$17.81 per 100g

**\$5.50** ea

**EVERY DAY!**

Nivea  
Womens  
Deodorant  
150ml  
\$3.67 per 100ml

**\$6** ea

**EVERY DAY!**

CleanLIFE Wipes Flushable 80 Pack  
\$0.80 each

**\$4** ea

**EVERY DAY!**

NEW LOOK  
VELVET  
SORBOLENE  
BEAUTY BAR FOR BEAUTIFUL SKIN  
2 PACK 200g NET WT  
\$2.00 per 100g

**\$12.30** ea

**EVERY DAY!**

Codral  
Mucus  
Cough & Cold  
Liquid 200ml\*  
\$6.15 per 100ml

**\$15** ea

**EVERY DAY!**

Difflam Plus Lozenges 32 Pack\*  
\$0.47 each

**\$28.85** ea

**EVERY DAY!**

Nicorette Gum 75 Pack\* \$0.38 each

\*Always read the label. Follow directions for use. This medicine may not be right for you. Read the warnings on pack before purchase. Incorrect use could be harmful. If symptoms persist, talk to your health professional.

**\$3<sup>50</sup>**  
ea

EVERY DAY!



Ziploc Snack or Sandwich Bags  
30-40 Packs



Everyday  
**LOW PRICES**

on lunch box  
freshness

**\$7<sup>65</sup>**  
ea

EVERY DAY!



Multix Non Stick Bake Paper  
30cm x 30M \$0.25 per metre

**\$4<sup>20</sup>**  
ea

EVERY DAY!



Multix Extra Wide Drawtight Garbage  
Bags 20 Pack \$0.21 each

**\$6**  
ea

EVERY DAY!



Multix  
240L Council  
Bin Liners  
10 Pack  
\$0.60 each

**\$23**  
ea

EVERY DAY!



Purina  
Lucky Dog  
Dry Dog  
Food 8kg  
\$0.29 per 100g

**\$8**  
ea

EVERY DAY!



Temptations  
Cat Treats  
180g  
\$4.44 per 100g

**\$2<sup>20</sup>**  
ea

EVERY DAY!



Fussy Cat  
400g  
\$0.55 per 100g

**\$1**  
ea

EVERY DAY!



Nature's Gift 100g \$1.00 per 100g

**\$24**  
ea

EVERY DAY!



Schmackos  
Beef  
Strapz 1kg  
\$2.40 per 100g

**\$5<sup>40</sup>**  
ea

EVERY DAY!



Nature's Gift  
Meatballs  
700g  
\$0.77 per 100g  
(Available  
in Meat Dept.  
Fridge)

# BACK TO SCHOOL

In the last year alone, 270,000 South Aussie households have experienced hunger.



HELP A SOUTH AUSSIE CHILD THIS  
SCHOOL YEAR.

**Buy a \$2 or \$5 meal ticket to  
provide 4 or 10 meals for Foodbank to feed  
South Aussie kids in need.**

Proudly supported by:

**FOODLAND**

