

FOODLAND

On Sale 15–21 January 2025

\$26⁹⁰
kg

Premium



Australian Premium
Beef T-Bone Steak



Serving suggestion

\$7²⁵
ea

SAVE \$7.25
UP TO



Kirks Soft Drink Cans 10 x 375ml
\$1.93 per litre

All
**HALF
PRICE**

\$2⁷⁵
ea

SAVE \$2.75
UP TO



Heinz
Seriously Good
Mayonnaise
or Aioli
295ml
\$0.93 per 100ml

\$2⁴⁰
ea

SAVE \$2.40
UP TO



Smith's
Crinkle or
Double
Crunch
Potato Chips
150-170g

\$2⁷⁵
ea

SAVE \$2.75
UP TO



Uncle Tobys
Muesli
Bars 185g
\$1.49 per 100g

\$18
ea

SAVE \$4.90
UP TO



Quilton
Toilet Rolls
36 Pack
\$0.28 per 100 sheet



50¢
PER ROLL



FOODLAND P03 2025 P1

GREAT FOOD LIVES HERE

Gotta shop at...

FOOD
LAND

Great Food
Lives Here

\$4.35 ea

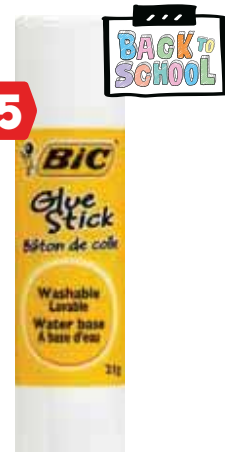
SAVE UP TO \$4.40



Sharpie
Fluo XL
Highlighter
4 Pack
\$1.09 each

\$1.10 ea

SAVE UP TO \$1.15



BIC
Glue
Stick 21g
\$1.10 each

\$4.85 ea

SAVE UP TO \$4.85



Redberry
Large
Paddle
Brush

\$3.50 ea

SAVE UP TO \$3.50



Redberry
Vent Brush

\$1.90 ea

SAVE UP TO \$1.90



Redberry Hair Ties Blond, Black or
Brown 24 Pack \$0.08 each

\$2.10 ea

SAVE UP TO \$2.10



Redberry
Hairpins
Blond, Black
or Brown
72 Pack
\$0.03 each

\$7 ea

SAVE UP TO \$7.00



Bonds
Kids Socks
1/4 Crew or
Low Cut 3
or 4 Packs

\$8.50 ea

SAVE UP TO \$8.50



Bonds
Boys
Briefs
or Girls
Bikini
4 Packs
\$2.13 each

\$11 ea

SAVE UP TO **\$11.00**



Cadbury Favourites
520g
\$2.12 per 100g

All **HALF PRICE**

\$2.50 ea

SAVE UP TO **\$2.50**



Pascall Marshmallows
280g
\$0.89 per 100g

\$6 ea

SAVE UP TO **\$6.00**



Golden North Twist 1 Litre
\$6.00 per litre

\$2.50 ea

SAVE UP TO **\$2.50**



Sour Patch Kids Lolly Bags 190g
\$1.32 per 100g

\$2.30 ea

SAVE UP TO **\$2.30**



Golden Bakery Crumpet Round 6 Pack
\$0.38 each

\$16 ea

SAVE UP TO **\$16.00**



Vanish Gold Oxi Pro Pink or White Stain Remover 2kg
\$8.00 per kg

\$4.75 ea

SAVE UP TO **\$4.75**



Vanish Gold Oxi Pro Pink or White Trigger 450ml
\$10.56 per litre

Gotta shop at...
FOOD
LAND

Great Food Lives Here

\$2.75
ea

SAVE \$2.75
UP TO

Uncle Tobys Roll Ups 94g
\$2.93 per 100g



\$8
ea

SAVE \$2.00
UP TO

Uncle Tobys Le Snak Value Pack 264g
\$3.03 per 100g



\$1.80
ea

SAVE UP TO 70c

Maggi Cup Noodles 58-65g



\$3.30
ea

SAVE \$2.45
UP TO



Golden Circle Fruit Drink 6 x 250ml
\$2.20 per litre

\$4
ea

SAVE \$1.20
UP TO

Vegemite
220g
\$1.82 per 100g



\$5.60
ea

SAVE \$1.40
UP TO

Kellogg's Pop-Tarts
384g
\$1.46 per 100g



\$3.25
ea

SAVE \$3.25
UP TO

HALF PRICE



Nice & Natural Protein Nut Bars
150-165g

\$5.40
ea

GREAT VALUE



Noshu Low Carb Bars 150-160g

\$4.10
ea

SAVE \$2.80
UP TO

Bega Peanut Butter 470g
\$0.87 per 100g



BACK TO SCHOOL

\$1.90 ea
SAVE UP TO \$1.10



Tamar Valley
 The Creamery
 Yoghurt 170g
 \$1.12 per 100g

\$6.50 ea
EVERY DAY!



Bega
 Cheese
 Slices 250g
 \$26.00 per kg

\$3.30 ea
EVERY DAY!



Don
 Deli Cuts
 80-100g

\$6.50 ea
EVERY DAY!



Farmers Union
 Greek Style Yogurt 1kg \$0.65 per 100g

\$3 ea
SAVE UP TO \$1.20



Boost
 Juice 350ml
 \$0.86 per 100ml

PUMP UP THE FLAVOUR

\$3.50 ea
SAVE UP TO \$1.00

Primo Stackers or Trio's 45-57g





Teen protection, your way



\$3.50 ea

SAVE \$1.50 UP TO

U by Kotex Teen Ultrathins Pads With Wings 12-14 Pack

Smaller fit for better protection

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BACK



HALF PRICE

More for your money... Always!



- A. BIC Cristal Blue, Black or Assorted Pens 10 Pack **\$2.25ea SAVE \$2.25**
- B. BIC 4 Colour Grip Ballpoint Pen Medium Tip 2 Pack **\$3.65ea SAVE \$3.65**
- C. BIC Gelocity Original Black or Blue Pens 2 Pack **\$2.50ea SAVE \$2.50**
- D. BIC Wite Out Correction Tape 1 Pack **\$2.25ea SAVE \$2.30**



Pack to School

Get classroom ready

\$3 ea

GREAT VALUE

Kleenex Everyday Kids Tissues 200 Pack \$1.50 per 100 units



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TO SCHOOL

\$6.90
ea

SAVE UP TO \$4.60



Décor Tritan
Banded Bottle
750ml
\$6.90 each

\$8.40
ea

SAVE UP TO \$5.60



Décor
Snap N
Seal
Stainless
Steel Bottle
600ml
\$8.40 each

\$16.80
ea

SAVE UP TO \$11.20



Décor
Flip Active
Insulated
Double Wall
Bottle 750ml
\$16.80 each

\$22.80
ea

SAVE UP TO \$15.20



Décor
Insulated
Double Wall
Travel
Tumbler
900ml
\$22.80 each

\$3.50
ea

SAVE UP TO \$1.50



Paper Mate
InkJoy
300
Ballpoint
Pens
Assorted
4 Pack
\$0.88 each

\$7.70
ea

SAVE UP TO \$3.30



Sharpie
Fine Tip
Assorted
Permanent
Markers
4 Pack
\$1.93 each

\$11
ea

SAVE UP TO \$5.00



Duracell Everyday Alkaline Batteries
AA or AAA 18 Packs \$0.61 each

\$2.75
ea

GREAT VALUE



I Was A Milk
Bottle Snack
Bag 40 Pack
\$0.07 each

\$2.75
ea

GREAT VALUE



I Was A Milk
Bottle
Sandwich
Bag 30 Pack
\$0.09 each

BACK TO SCHOOL

\$3 ea

GREAT VALUE



Smith's
Brands
Multipack
Chips or
Snacks
65-150g

\$4.90 ea

SAVE UP TO \$2.10



Cadbury
Sharepacks
120-180g

\$4.50 ea

SAVE UP TO \$1.50



Mars
or Varieties
Fun Packs
132-192g

\$5.75 ea

SAVE UP TO \$3.90



Mount Franklin or Deep Spring Cans 6 x 250ml 3.83 per litre

\$7 ea

GREAT VALUE



Remedy
Kombucha
4 x 250ml
\$7.00 per litre

\$2.90 ea

SAVE UP TO 50c



DON
Donskis
Salami
Mild 40g
\$72.50 per kg

\$3.75 ea

SAVE UP TO \$1.00



Majans Bhuja
Snacks
140-160g

\$7.50 ea

EVERY DAY!



Top 20
or Fun Faves
Multipack
Chips
18-20 Pack

\$3.65 ea

EVERY DAY!



Harvest Snap
Peas 5 x 18g
\$4.06 per 100g

DELI



- A. Don Melosi Double Smoked or Boneless Leg Ham **\$25kg**
- B. Don Vica Olive Range 280g **\$5.90ea** \$21.07 per kg
- C. Primo Premium Silverside **\$19.90kg**
- D. Bertocchi Hungarian Salami Hot or Mild **\$29.90kg**

\$24⁹⁰
kg



D'Orsogna Premium Roast Beef

\$32⁹⁰
kg



San Marino Cacciatori,
Casalingo or Calabrese Salami

\$18⁹⁰
kg



Barossa Fine Foods Viennas

\$13⁹⁰
kg



KR Castlemaine Middle Bacon

\$7
ea



Primo
Slim Franks or Cocktails 1kg \$7.00 per kg

\$12⁹⁰
kg



Chapman's Bung Fritiz

\$19⁹⁰
ea

READY TO EAT



Sticky Addiction
Grab & Go Corned Beef Brisket 400g
(Find me in the Deli Warmer) \$49.75 per kg

\$8⁹⁰
ea

SAVE \$2.30
UP TO

Lemnos
Marinated
Pepperberry
or Lemon
Myrtle
Fetta 300g
\$29.67 per kg



\$3⁹⁰
kg



Fresh Chicken Drumsticks
(Find me in the Deli)

FRESH

white Seedless Grapes



\$6.90
kg

SEEDLESS



White Seedless Grapes

\$2.50
kg

SEEDLESS



Seedless Watermelon

\$4.50
ea

400G BAG



**LOVABLE
LIMES**



Peculiar Pick Limes 400g
\$11.25 per kg

\$3.50
ea

**125G
PUNNET**




Aussie Blueberries 125g Punnet
\$28.00 per kg

Peculiar picks Carrots



\$140
ea

750G BAG




COURAGEOUS CARROTS

750g

QUIRKY ON THE OUTSIDE,
DELICIOUS ON THE INSIDE!

PECULIAR PICKS

Peculiar Picks Carrots 750g \$1.87 per kg

\$3
ea

500G TRAY



Tomatoes Pre Packed 500g
\$6 per kg

\$480
ea

2KG BAG



Kestrel Potatoes 2kg Bag
\$2.40 per kg

\$490
ea

LOCAL PRODUCE



Hi Fresh Garden Salad 200g
\$24.50 per kg

MEAT

\$16⁹⁰ kg

AUSTRALIAN PORK

PRODUCT OF AUSTRALIA



Serving suggestion

Australian Pork Loin Steak

\$29⁹⁰ kg

Aussie Lamb

PRODUCT OF AUSTRALIA



Serving suggestion

Australian Lamb Rib Rack Roast

\$18⁹⁰ kg

PRODUCT OF AUSTRALIA



Serving suggestion

Australian Crumbed Beef Schnitzel

\$7⁵⁰ ea

BAROSSA FINE FOODS

SOUTH AUSTRALIA



Serving suggestion

Barossa Fine Foods Bratwurst Sausage or Cambridge Chipolatas 480g \$15.63 per kg

\$10⁹⁰ ea

SOUTH AUSTRALIA



Slape & Sons Aussie Chicken or Beef Burgers Value Buy 800g \$13.63 per kg

\$7 ea

PRODUCT OF AUSTRALIA



Ingham's Chicken Mince 500g \$14.00 per kg

\$8⁵⁰ ea

SAVE \$2.50 UP TO

PRODUCT OF AUSTRALIA



Canon Chicken Burger Original or Crunchy Garlic 510g \$16.67 per kg

\$10 kg

PRODUCT OF AUSTRALIA



Foodland Beef Corned Silverside

\$17⁹⁰ ea

SOUTH AUSTRALIA



Wintulichs Mettwurst 700g \$25.57 per kg

\$8⁵⁰ ea

SAVE \$1.50 UP TO

PRODUCT OF AUSTRALIA



Community Co Fresh Chicken Kiev 350g \$24.29 per kg

\$9⁹⁰ kg

AUSTRALIAN PORK

SA OWNED
O'Brien's
Wholesale Meats

Local Produced and 100% SA OWNED




Serving suggestion

O'Brien's SA Boned & Rolled Pork Shoulder Roast

\$12⁵⁰ ea

SOUTH AUSTRALIA



Serving suggestion

Foodland Whole Marinated & Seasoned Chicken Size 20 (2.05kg) \$6.10 per kg

\$24⁹⁰ kg

Extra Large

tassal

PRODUCT OF AUSTRALIA



Serving suggestion

Tassal Cooked Australian Extra Large Tiger Prawns 10/15 (Find me in the Deli.)

\$37⁹⁰ kg

Fresh

THOMAS CAPPO SEAFOODS

PRODUCT OF AUSTRALIA



Serving suggestion

Fresh Tasmanian Salmon Portion Skinless (Find me in the Deli.)

\$13⁹⁰ ea

SAVE UP TO \$3.25

Global Seafoods

Crumbed Prawn Cutlet 500g

\$27.80 per kg




\$7⁵⁰ ea

NEW PRODUCTS

TRY ME!

Tropical Fish Fillets 340g

\$22.06 per kg



\$8⁹⁰ ea

SAVE UP TO \$3.10

Global Seafoods

Prawns Cooked & Peeled 300g

\$29.67 per kg



\$4⁷⁰ ea

SAVE UP TO \$1.80

Thomas Cappo Seafoods

Basa Fillets 500g

\$9.40 per kg



\$19⁹⁰ ea

SAVE UP TO \$6.45

Thomas Cappo Seafoods

Atlantic Salmon Portions Skinless 500g

\$39.80 per kg



\$14⁹⁰ ea

BUY SA

SOUTH AUSTRALIA

Ferguson Coorong Mullet Fillets 200g

\$7.45 per 100g



NONNA'S BAKERY

Delicious baked products for everyone to enjoy!



NEW PRODUCTS

\$5.50 ea

SAVE \$1.50 UP TO

Nonna's Bakery
Gluten Free Dinner Rolls 6pk, Rolls 3pk or Half Baguette 2 Pack

GLUTEN FREE

BAKERY

\$4.80 ea

FAMILY TRADITION



Vil's Traditional Pies, Pasties or Sausage Rolls 150-165g

\$5 ea

GREAT VALUE



Helga's Health Range 700-750g

\$6.70 ea

GREAT VALUE



Herman Brot Low Carb Bread 600g \$1.12 per 100g

\$3.25 ea

SAVE \$1.35 UP TO



Mission Pizza Base 200g \$1.63 per 100g

\$3.50 ea

SAVE \$1.50 UP TO



Simson's Pantry Mini Wraps 12pk \$0.29 each

\$4 ea

GREAT VALUE



Tip Top Hot Dog, Hamburger or Damper Rolls 6 Pack \$0.67 each

\$4 ea

SAVE \$1.50 UP TO



Helga's Wraps 445-508g

\$3.20 ea

SAVE 80¢ UP TO



Simpson's Pantry Mini Naan Bread 225g \$1.42 per 100g

BREAKFAST

\$8 ea

SAVE \$2.00 UP TO



Kellogg's
Coco Pops
650g or
Froot Loops
460g

\$18 ea

SAVE \$10.60 UP TO



Nescafé
Blend 43
500g
\$3.60 per 100g

\$5.50 ea

SAVE \$2.00 UP TO



L'Or
Espresso
Capsules
10 Pack
\$0.55 each

\$5 ea

SAVE \$3.50 UP TO



Carman's
Oat
Clusters
450g
\$1.11 per 100g

\$3.60 ea

SAVE 90c UP TO



Australia's
Own Barista
Milk Almond,
Oat or
Macadamia
1 Litre
\$3.60 per litre

\$9.45 ea

SAVE \$4.05 UP TO



Robert Timms Coffee Bags 24-28 Pack

\$15.60 ea

SAVE \$10.40 UP TO



L'Or
Coffee
Beans 500g
\$3.12 per 100g

\$3.75 ea

SAVE \$3.75 UP TO

HALF PRICE



Uncle
Tobys
Cheerios
450-560g

\$6.40 ea

SAVE \$1.85 UP TO



Dilmah
Extra
Strength
Tea Pot
Bags
100 Pack
\$0.06 each

\$2.50 ea

SAVE 50c UP TO



Pauls
UHT
Full Cream
Milk 1 Litre
\$2.50 per litre

BISCUITS & SNACKS

\$3 ea

SAVE UP TO \$1.00



Arnott's Salada or Vita Weat Crispbread 250g \$1.20 per 100g

\$3 ea

SAVE UP TO \$1.00



Arnott's Cream Biscuits 200-250g



Arnott's Salada or Vita Weat Crispbread 250g \$1.20 per 100g

\$2.50 ea

SAVE UP TO 80¢



Arnott's Scotch Finger Biscuits 250g \$1.00 per 100g

\$3.50 ea

SAVE UP TO \$1.50



Cadbury Chocolate Biscuits (Selected Varieties) 114-180g

\$2.20 ea

GREAT VALUE



Amor Breadstick 100-125g

\$3.90 ea

BUY LOCAL



Tucker's Artisan Crackers 100g \$3.90 per 100g

\$2.10 ea

SAVE UP TO \$1.10



Peckish Peckables 100g \$2.10 per 100g

\$7.20 ea

GREAT VALUE



Nature's Delight Cranberries 500g \$1.44 per 100g

\$3 ea

SAVE UP TO \$1.00



Bar Counter High Protein Bars 40g \$7.50 per 100g

\$2.60 ea

GREAT VALUE



Lago Mini Party Wafers 125g \$2.08 per 100g



PRICES EFFECTIVE FROM WEDNESDAY 15TH JANUARY 2025 TO TUESDAY 21ST JANUARY 2025, OR WHILE STOCKS LAST.

• Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 09.12.24. Advertisements may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.

Please recycle this catalogue ♻️

\$3 ea

SAVE UP TO **\$1.00**



Ben's Original Microwave Rice 240-250g

\$3 ea

SAVE UP TO **\$1.60**



KanTong Cooking Sauce 485-520g

\$2.90 ea

GREAT VALUE



Country Fresh Gherkins 680g \$0.43 per 100g

\$1.40 ea

GREAT VALUE



Romanella Peeled or Diced Tomatoes 400g \$0.35 per 100g

\$4 ea

SAVE UP TO **\$1.00**



Nice Rice Jasmine Rice 1kg \$4.00 per kg

\$3.30 ea

GREAT VALUE



Penfield Australian Pitted Kalamata Olives 250g \$1.32 per 100g

\$1.50 ea

GREAT VALUE



Val Verde Legumes 400g \$0.38 per 100g

\$2.30 ea

SAVE UP TO **60c**



John West Deli Tuna 90g \$25.56 per kg

\$2.20 ea

SAVE UP TO **60c**



Edgell Sliced Beetroot 425g \$0.52 per 100g

\$2 ea

SAVE UP TO **50c**



Edgell Peas & Carrots 420g \$0.48 per 100g

GREAT SAVINGS
Live Here

\$3 ea

SAVE UP TO **\$3.00**

HALF PRICE



White Wings
Cake Mix
230-560g

\$20 ea

SAVE UP TO **\$5.00**



Red Island
Extra Virgin
Olive Oil
1 Litre
\$20.00 per litre

\$3 ea

SAVE UP TO **60c**



Praise
Dressing
330ml
\$0.91 per 100ml

PANTRY

\$3.10 ea

SAVE UP TO **50c**



San Remo Pasta 750g \$0.41 per 100g

\$2.20 ea

SAVE UP TO **50c**



Fantastic Bowl Noodles 105g \$2.10 per 100g

\$5.50 ea

SAVE UP TO **\$1.10**



HP
Sauce 390ml
\$1.41 per 100ml

\$4.40 ea

SAVE UP TO **\$1.10**



Old El Paso
Tortillas
10 Pack
\$1.10 per 100g

\$2.80 ea

SAVE UP TO **\$1.45**



Heinz
Baked Beans
or Spaghetti
535-555g

\$3.60 ea

SAVE UP TO **90c**



Mutti
Sugo Pasta
Sauce 400g
\$0.90 per 100g

\$5 ea

GREAT VALUE



Greenseas Tuna 425g \$11.76 per kg

\$1.70 ea

SAVE UP TO **40c**



Mutti
Tomato
Paste
Double
Concentrate
130g
\$1.31 per 100g

\$2.20
ea

SAVE UP TO \$1.80



Maximus Hydration Drink
1 Litre
\$2.20 per litre

\$4.50
ea

SAVE UP TO 50¢



Bickford's Cordial
750ml
\$6.00 per litre

\$1.35
ea

SAVE UP TO \$1.35

HALF PRICE



Kirks Soft Drink 1.25 Litre \$1.08 per litre

\$2.50
ea

SAVE UP TO \$1.70



Powerade or Active
600ml
\$4.17 per litre

\$2
ea

SAVE UP TO \$1.00



Pepsi, Solo or Varieties
1.25 Litre
\$1.60 per litre

\$7.50
ea

SAVE UP TO \$5.05



Mother Energy Drink
4 x 500ml
\$3.75 per litre

\$6
ea

SAVE UP TO \$3.00



Schweppes or Pepsi
6 x 275ml
\$3.64 per litre

\$14
ea

SAVE UP TO \$5.00



Coca-Cola or Varieties 12 x 300ml
\$3.89 per litre

\$2
ea

GREAT VALUE

Riverport Soft Drinks
1.25 Litre
\$1.60 per litre



Made in the
Adelaide Hills



SNACKS

NEW

Grab a Taste of Summer



\$2.40 ea

SAVE UP TO **\$2.40**

HALF PRICE

Smith's Sausage Sizzle Potato Chips 150g
\$1.60 per 100g



Joy is a Simple Recipe

\$2.50 ea

SAVE UP TO **\$2.50**

HALF PRICE



The Natural Confectionery Co Bags 130-230g

\$2 ea

SAVE UP TO **50¢**



Wrigley's Extra or Five Gum 27-32g

\$4 ea

SAVE UP TO **\$2.00**



Darrell Lea Chocolate Blocks 160-180g

\$4.50 ea

SAVE UP TO **\$1.50**

BACK TO SCHOOL



Kettle Potato Chips 150-165g

\$2.20 ea

SAVE UP TO **85¢**



Nestlé King Size Bars 60-80g

\$2 ea

SAVE UP TO **\$1.50**



Cheezels or Chickadees 125g
\$1.60 per 100g

FROZEN

\$8⁵⁰
ea

SAVE UP TO **\$3.50**



Connoisseur
Ice Cream
Multipacks
4-6s

\$20
ea

SAVE UP TO **\$16.00**

83¢
PER CONE



Peters Drumstick or Summer Faves
24 Pack \$0.83 each

\$7⁹⁰
ea

SAVE UP TO **\$4.95**



Golden North Simply Indulge
Ice Cream 2 Litre \$3.95 per litre

\$6⁵⁰
ea

SAVE UP TO **\$3.50**



Cadbury
Ice Cream
Oreo or
Milo 1.2 Litre
\$0.54 per 100ml

\$7
ea

SAVE UP TO **\$2.00**



Streets
Paddle Pop
Multipacks 8s
\$1.29 per 100ml

\$6⁵⁰
ea

SAVE UP TO **\$3.00**



Weis Bars
Multipacks
4-6s

\$3⁵⁰
ea

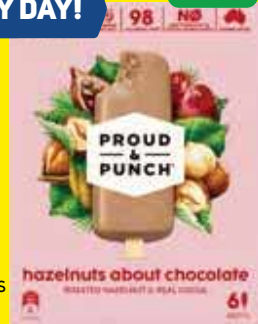
SAVE UP TO **\$1.50**



Peters
Icy Poles
Multipacks
8s
\$0.59 per 100ml

\$5⁵⁰
ea

EVERY DAY!



Proud
& Punch
Multipacks
4-6s

\$4⁵⁰
ea

HEAT & EAT

SAVE UP TO **50¢**



Nanna's Apple Crumble Pie 550g
\$0.82 per 100g

\$12⁹⁰
ea

SAVE UP TO **\$1.00**



Golden
North
Country
Style
Ice Cream
5 Litre
\$2.58 per litre

\$4
ea

SAVE UP TO **\$1.65**



Creative
Gourmet
Blueberries
or Mixed
Berries 300g
\$1.33 per 100g

DAIRY

\$4.40 ea

EVERY DAY!



Dairy Farmers Thick & Creamy Yoghurt 550-600g

\$1.30 ea

SAVE UP TO **90c**



Farmers Union Greek Pouches 130g
\$1.00 per 100g

\$3.50 ea

SAVE UP TO **\$1.35**



The Yoghurt Shop Yoghurt 190g
\$1.84 per 100g

\$2.40 ea

GREAT VALUE



Gippsland Twist For 1 Yoghurt 160g
\$1.50 per 100g

\$6 ea

GREAT VALUE



Paris Creek Farms Bio-dynamic Organic Yoghurt 1kg
\$6.00 per kg

\$3 ea

SAVE UP TO **80c**



Bulla Dollop Thick Cream 200ml
\$1.50 per 100ml

\$3 ea

SAVE UP TO **\$1.00**



Pauls Custard 600g
\$5.00 per kg

\$3 ea

SAVE UP TO **\$1.00**



Wicked Sister Chocolate Mousse or Tiramisu 90-100g

\$2.90 ea

SAVE UP TO **\$1.00**



Farmers Union Iced Coffee 600ml or Dairy Farmers Flavoured Milk 500ml

\$6.90 ea

SAVE UP TO **\$2.00**



Only Juice Premium 2 Litre
\$3.45 per litre

\$3 ea

SAVE UP TO **\$1.00**



Vitasoy Soy Milky Ice Coffee 1 Litre
\$3.00 per litre

\$6 ea

SAVE UP TO \$1.50



Devondale Dairy Soft 500g \$1.20 per 100g

\$3.35 ea

SAVE UP TO \$3.35

HALF PRICE



Primo Short Cut Bacon 175g \$1.91 per 100g

\$13 ea

SAVE UP TO \$3.00



Bega Tasty Cheese 1kg \$13.00 per kg

\$4 ea

SAVE UP TO \$1.25



Kraft Cheddar Cheese Slices 250g \$1.60 per 100g

\$3.50 ea

SAVE UP TO \$1.50



Primo Bites 150-200g

\$6.50 ea

EVERY DAY!



Jacobs Fritz 1kg \$6.50 per kg

\$5 ea

SAVE UP TO \$3.00



La Famiglia Garlic Bread Slices 450g \$1.11 per 100g

\$6.90 ea

GREAT VALUE



Wintulichs Kransky 375g \$1.84 per 100g

MULTI BUY

2 FOR

\$7

or \$3.85 ea

Bring family & friends together with Chris' Homestyle dips



Chris' Dips Homestyle 200g \$2.00 per 100g



Chris'

The go-to since '82

FROZEN

\$7
ea

SAVE \$2.00
UP TO



Ristorante Pizza 310-390g

\$4⁶⁰
ea

SAVE \$1.20
UP TO



McCain Quick Cook Chips or Hashbrowns 525-750g

\$12
ea

SAVE \$6.00
UP TO



Dumpling 100 Prawn Dumplings 500g
\$2.40 per 100g

\$9
ea

SAVE \$4.00
UP TO



Pacific West Cocktail Spring Rolls 700g-1kg

\$7
ea

SAVE \$2.00
UP TO



McCain Pizza Slices 540g-600g

\$7⁶⁰
ea

SAVE \$1.90
UP TO



Herbert Adams Meat Pies 400-420g

\$6⁵⁰
ea

SAVE \$2.00
UP TO



Ingham's Chicken Breast Schnitzel 400g
\$16.25 per kg

\$12⁵⁰
ea

SAVE \$5.45
UP TO



Four 'N Twenty Snack Pack 24s
\$11.36 per kg

\$4²⁰
ea

SAVE \$1.80
UP TO



Lean Cuisine Meals 280g \$1.50 per 100g

\$4
ea

SAVE \$2.00
UP TO



On The Menu Meals 400g \$1.00 per 100g

\$5²⁰
ea

SAVE \$1.30
UP TO



Birds Eye Vegetables 1kg \$5.20 per kg

\$3.85 ea
SAVE \$3.85 UP TO



HALF PRICE

Dove
 Shampoo or
 Conditioner
 320ml
 \$1.20 per 100ml

HALF PRICE

SELECTED **AVEENO PRODUCTS**



A. Aveeno Daily Moisturising Body Wash 532ml
\$8.25ea SAVE \$8.25 \$1.55 per 100ml

B. Aveeno Skin Relief Fragrance Free Body Lotion 354ml
\$7.75ea SAVE \$7.75 \$2.19 per 100ml

C. Aveeno Hand Cream 100g
\$6.50ea SAVE \$6.50 \$6.50 per 100g

\$6 ea
SAVE \$4.00 UP TO



Palmolive
 Shampoo or
 Conditioner
 Luminous Oils
 700ml
 \$0.86 per 100ml

\$3.50 ea
SAVE \$3.00 UP TO




Palmolive
 Luminous Oils
 Body Wash
 400ml
 \$0.88 per 100ml

\$6 ea
SAVE \$3.00 UP TO



Johnson's
 Body Wash
 1 Litre
 \$0.60 per 100ml

\$3.85 ea
SAVE \$1.65 UP TO



Listerine Fresh
 Burst Mouth
 Wash 250ml
 \$1.54 per 100ml

40% OFF
SELECTED STAYFREE PRODUCTS



HEALTH & BEAUTY

HALF PRICE

SELECTED VEET PRODUCTS



- A. Veet Hair Removal Cream for Sensitive Skin 400ml
\$10.50ea SAVE \$10.50 \$2.63 per 100ml
- B. Veet Cold Wax Strips for Legs and Body 40 Pack
\$8.50ea SAVE \$8.50 \$0.21 each
- C. Veet Expert Brazilian Hair Removal Cream Kit 1 Pack
\$7.50ea SAVE \$7.50

\$6 ea
SAVE \$1.80
UP TO



Colgate
Plax
Mouthwash
1 Litre or
Zig Zag
Toothbrush
3 Pack

\$6 ea
SAVE \$3.70
UP TO



Sensodyne Daily Care or Whitening Toothpaste 110g
\$6.00 per 100g

\$2.50 ea

GREAT VALUE



Natures
Organics
Spa Mens
Shower Gel
400ml
\$0.63 per 100ml

\$4.50 ea

GREAT VALUE



Palmolive Soap Bar 4x90g \$1.25 per 100g

\$3 ea

SAVE \$1.00
UP TO



Palmolive
Soap Foam 250ml
\$1.20 per 100ml

*Always read the label. Follow directions for use. This medicine may not be right for you. Read the warnings on pack before purchase. Incorrect use could be harmful. If symptoms persist, ask to your health professional.

GREAT SAVINGS
Live Here

\$9.80 ea

SAVE \$2.20
UP TO



Zyrtec Liquid Capsules
or Tablets 10 Pack* \$0.98 each

\$8 ea

SAVE \$6.00
UP TO



Betadine
Antiseptic
Topical Solution
Liquid 15ml*
\$53.33 per 100ml

\$4.50 ea

SAVE \$2.50
UP TO



Wet Ones
Be Fresh
Antibacterial
Wipes 80 Pack
\$5.63 per 100 units

\$25 ea

SAVE \$5.00
UP TO



Huggies Little Swimmers Reusable Pants 1 Pack

\$2.80 ea

SAVE 75¢
UP TO



Oral B Kids
Toothbrush 1
Pack or
Toothpaste 92g

\$16 ea

SAVE \$3.00
UP TO



Huggies Baby Wipes 400 Pack \$3.75 per 100 units

\$14 ea

GREAT VALUE



Huggies
Little
Swimmers
10-12 Pack

\$1.50 ea

SAVE 60¢
UP TO



Heinz
Little Kids
Puffs 12g
\$12.50 per 100g

\$6.25 ea

SAVE \$6.25
UP TO

HALF PRICE



Aveeno
Baby Wash
or Shampoo
236ml
\$2.65 per 100ml

\$9 ea

SAVE \$1.00
UP TO



BabyLove
99% Water
Wipes
5 x 20
Handy Pack
1.80 each

\$9.80 ea

SAVE \$4.20
UP TO



Zyrtec Kids
Antihistamine
Allergy &
Hayfever
Chewable
Tablet Grape
10 Pack*
\$0.98 each

\$7 ea

SAVE \$2.50
UP TO



Banana Boat
Aloe Vera
Gel 250g
\$2.80 per 100g

\$16.85 ea

SAVE \$3.45
UP TO



Maxi Block
SPF 50+
Sunscreen
Pump 500ml
\$3.37 per 100ml

GREAT SAVINGS
Live Here

*Always read the label. Follow directions for use. This medicine may not be right for you. Read the warnings on pack before purchase. Incorrect use could be harmful. If symptoms persist, ask to your health professional.

HOUSEHOLD

HALF PRICE SELECTED **KLEENEX PRODUCTS**



A. Kleenex Toilet Rolls 9 Pack
\$4.50ea SAVE \$4.50 \$0.29 per 100 sheets

B. Kleenex Unscented Flushable Wipes 36 Pack
\$1.70ea SAVE \$1.70 \$0.05 each

\$4 ea
SAVE UP TO 80c



White King Bleach
 2.5 Litre
 \$1.60 per litre

\$3.50 ea
SAVE UP TO \$3.50 **HALF PRICE**



Bref Toilet Cleaner Gel 600-700ml or Toilet Cleaner Blocks 42-50g

\$2.25 ea
SAVE UP TO \$2.25 **HALF PRICE**



Viva Paper Towel 2 Pack \$1.13 per roll

\$3 ea
SAVE UP TO 50c



Glad Snaplock Mini, Sandwich or Storage Bags 10-60 Packs

\$9.50 ea
SAVE UP TO \$2.15



Duck Fresh Discs Marine 2 x 36ml \$13.19 per 100ml

SINCE 1946 **Redheads**

\$4.50 ea
SAVE UP TO \$2.50

Redheads Wrapped Firelighters 20 Pack, Firelighters 24 Pack or Heavy Duty BBQ Wipes 16 Pack

\$10 ea
SAVE UP TO \$4.30

Redheads Butane Gas Cartridge 220g x 3 Pack or BBQ Briquettes 4kg



\$16 ea
SAVE UP TO \$16.00

HALF PRICE



OMO Ultimate Laundry Liquid or Powder 2L/2kg or Capsules 28 Pack

\$12 ea
SAVE UP TO \$12.00

HALF PRICE



Cold Powder Laundry Liquid 2 Litre or Powder 2kg \$6.00 per Litre/Kg

40-50% OFF FINISH SELECTED PRODUCTS



A. Finish Ultimate Dishwashing Tablets 80 Pack \$34.50ea **SAVE \$34.50** \$0.43 each

B. Finish Ultimate Dishwashing Tablets 46 Pack \$24.50ea **SAVE \$24.50** \$0.53 each

C. Finish Rinse Aid Regular or Lemon 500ml \$6.90ea **SAVE \$4.60** \$1.38 per 100ml

\$6.30 ea
SAVE UP TO 70c



Purity Laundry Liquid 2 Litre \$3.15 per litre

\$3.70 ea
GREAT VALUE



Earth Choice Antibacterial All Purpose Spray 600ml \$0.62 per 100ml

\$2.50 ea
SAVE UP TO 70c



Earth Choice Window & Glass Cleaner or Multi Purpose Spray 600ml \$0.42 per 100ml

\$4.95 ea
SAVE UP TO \$3.05




Pine O Clean Disinfectant 1.25 Litre \$3.96 per litre

\$4.15 ea
SAVE UP TO \$1.85



Glen 20 All-in-One Disinfectant Spray 175g \$2.37 per 100g

\$7 ea
SAVE UP TO \$3.00



Mortein Fast Knockdown Multi-Insect Spray 300g \$2.33 per 100g

PET

GREAT SAVINGS
Live Here

\$10 ea

SAVE \$4.50
UP TO



Purina Felix Cat Food Multipack
12 x 85g \$0.98 per 100g

\$25 ea

SAVE \$11.00
UP TO



Purina Supercoat Dry Dog Food
6.7-7kg

\$9.80 ea

SAVE \$4.20
UP TO



Fussy Cat Luxe Dry Cat Food 750g
\$1.31 per 100g

\$4.50 ea

SAVE \$2.50
UP TO



Breeders Choice Cat Treats 120g
\$3.75 per 100g

\$5.60 ea

SAVE \$2.40
UP TO



Schmackos Dog Treats 200g
\$2.80 per 100g

\$1.05 ea

SAVE 75¢
UP TO



My Dog Tray 100g \$1.05 per 100g

\$5.90 ea

SAVE \$2.10
UP TO



Purina Friskies Dry Cat Food 1kg
\$0.59 per 100g

\$9.80 ea

SAVE \$4.20
UP TO



My Dog Dry Dog Food 1.5kg
\$0.65 per 100g

\$2.45 ea

SAVE \$1.05
UP TO



Nature's Gift Dog Food 700g
\$0.35 per 100g

\$5.40 ea

SAVE 60¢
UP TO



VIP Paws Fresh Dog Food 600g
(Available in Meat Dept. Fridge) \$9.00 per kg

\$3.25 ea

SAVE 55¢
UP TO



Nutri-Mate Dog Food Roll 1kg
(Available in Meat Dept. Fridge) \$3.25 per kg



LOCAL CELLARS

DISCOVER MORE

BEER

24 PACK
\$55^{ea}

James Squire 150 Lashes Premium or Stride Pale Ale Bottles



330ml

PREMIX

ANY 2
10 PACKS FOR
\$90
OR \$50^{ea}

Suntory -196 Flavours Cans 330ml

Kirin Hyoketsu Cans 375ml



SPIRITS

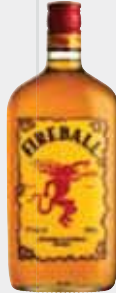
\$34^{ea}

Aperol Aperitivo 700ml



\$48^{ea}

Fireball Cinnamon Flavoured Whisky 700ml



\$73^{ea}

The Glen Grant 10YO Single Malt Scotch Whisky 700ml

Wild Turkey Kentucky Straight Bourbon Whiskey 81 Proof 1L



WINE

ANY 2
FOR
\$32

Taylor's Estate Series
Nepenthe Altitude Range
Peter Lehmann Portrait Series
De Bortoli Woodfired Shiraz



750ml

\$24^{ea}

Bird In Hand Range



\$28^{ea}

Hardy's HRB Range



\$44⁵⁰^{ea}

Penfold's Bin 28 Shiraz 2021 or 2022



750ml



DrinkWise.org.au



localcellars.com

Local Cellars supports the responsible service of alcohol and follows the General Code of Practice under the Liquor Licensing Act 1997. It is an offence to sell or supply alcohol to or on behalf of a person aged under 18 years. Savings are off regular prices. Prices valid at South Australian Local Cellars stores only until sold out. We reserve the right to limit purchases to reasonable retail quantities, commercial quantities not supplied. Images are for advertising purposes only. Prices include GST where applicable. Promotional price effective from 15/01/25 to 28/01/25.



FOODLAND

GREAT SAVINGS LIVE HERE

\$2.50
ea

SAVE \$2.50
UP TO



CC's
Corn Chips
110-175g

All
HALF PRICE

\$2.50
ea

SAVE \$2.50
UP TO



Heinz
Tomato
Ketchup
500ml
\$0.50 per 100ml

\$6
ea

SAVE \$6.00
UP TO



Birds Eye Oven Bake Range 425g \$1.41 per 100g

\$1.25
ea

SAVE \$1.25
UP TO



Cadbury Medium Bars Lines 30-50g

\$2.75
ea

SAVE \$2.75
UP TO



Campbell's
V8 Juice
1.25 Litre
\$2.20 per litre

\$30
ea

SAVE \$9.00
UP TO



Huggies
Jumbo
Nappies
60-90 Pack



BAKERY & BISCUITS

Everyday
LOW PRICES
on everyday essentials



\$3.30
ea

EVERY DAY!

Foodland
Bread 700g
\$0.47 per 100g

\$4.50
ea

EVERY DAY!

Tip Top
The One
Bread 700g
\$0.64 per 100g



\$4.90
ea

EVERY DAY!

Wonder
5 Star
Bread 680g
\$0.72 per 100g



\$4.10
ea

EVERY DAY!

Mighty Soft
Bread 700g
\$0.59 per 100g



\$5
ea

EVERY DAY!

New York
Bagel Range
4 Pack 400g
\$1.25 per 100g



\$5
ea

EVERY DAY!

Helga's
Bread
650-850g



\$3.50
ea

EVERY DAY!

Arnott's Cruskits 125g \$2.80 per 100g



\$5
ea

EVERY DAY!

Arnott's
Farmbake
Cookies
310g
\$1.61 per 100g



\$2.75
ea

EVERY DAY!

SunBites
Crackers
105-110g



\$2²⁰
ea

EVERY DAY!



Devondale
UHT
Milk
1 Litre
\$2.20 per litre



Everyday
**LOW
PRICES**

on pantry
staples

\$16
ea

EVERY DAY!



Nescafé
Gold Coffee
180-200g

\$4⁴⁰
ea

EVERY DAY!



Golden Circle
Cordial 2 Litre
\$2.20 per litre

\$2¹⁵
ea

EVERY DAY!



Green's
Pancake
Shaker
190-200g

\$3⁷⁰
ea

EVERY DAY!



Golden
Circle
Pineapple
440-450g

\$3⁹⁰
ea

EVERY DAY!



Golden
Circle Fruit
Juice 2 Litre
\$1.95 per litre

\$2⁶⁰
ea

EVERY DAY!



CSR
White
Sugar 1kg
\$0.26 per 100g

\$9⁵⁰
ea

EVERY DAY!



Carman's
Muesli
875g
\$1.09 per 100g

\$3⁸⁰
ea

EVERY DAY!



Cottee's
Thick 'n' Rich
Topping
575-615g

SNACKS & DRINKS

Everyday
**LOW
PRICES**

on extra
hydration



\$3.90
ea

EVERY DAY!



Gatorade
1 Litre
\$3.90 per litre

\$3.90
ea

EVERY DAY!



Coca-Cola
Varieties
2 Litre
\$1.95 per litre

\$2.75
ea

EVERY DAY!



Cool Ridge
Water 1 Litre
\$2.75 per litre

\$2.30
ea

EVERY DAY!



Big Lolly
120-180g

\$5.50
ea

EVERY DAY!



The Natural
Confectionery
Co. Large
Share Bag
430-440g

\$5
ea

EVERY DAY!



Kinder Chocolate T6 126g \$3.97 per 100g

\$3.60
ea

EVERY DAY!



Pringles
Chips 5 x 19g
\$3.79 per 100g

\$7.75
ea

EVERY DAY!



Red Rock Deli
Variety Box
10pk 280g
\$2.77 per 100g

\$4
ea

EVERY DAY!



Twisties
or Cheetos
Party Bag
125-250g

\$8.50
ea

EVERY DAY!

Sara Lee
Ice Cream
1 Litre
\$0.85 per 100ml



Everyday
**LOW
PRICES**

on freezer
favourites

\$4.75
ea

EVERY DAY!

Yoplait
Vanilla 1kg
\$0.47 per 100g



\$12
ea

EVERY DAY!

Hans
Short Cut
Rindless
Bacon 750g
\$16.00 per kg



\$4.50
ea

EVERY DAY!

Impressed
Juice
1 Litre
\$4.50 per litre



\$4.50
ea

EVERY DAY!

Meadow Lea Spread 500g \$0.90 per 100g



\$8.75
ea

EVERY DAY!

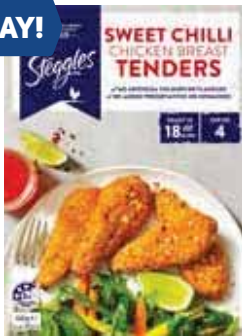
iPastai
Filled
Pasta 350g
\$2.50 per 100g



\$6.50
ea

EVERY DAY!

Steggles
Chicken
Tenders
400g
\$16.25 per kg



\$3.90
ea

EVERY DAY!

Watties
Wok
Creations
400g
\$9.75 per kg



\$4.50
ea

EVERY DAY!

Papa
Giuseppi's
Pannini 250g
\$1.80 per 100g



HEALTH & BEAUTY

Everyday
**LOW
PRICES**

for any stage



\$22_{ea}
EVERY DAY!

Alula Gold
Stage 3 or 4
Formula 900g
\$2.44 per 100g



\$5_{ea}

EVERY DAY!

Rafferty's
Bar 90g
\$5.56
per 100g



\$3.50_{ea}

EVERY DAY!

Baby Bellies
Pick Up
Sticks 16g
\$21.88 per 100g



\$16_{ea}

EVERY DAY!

Johnson's
Skincare
Baby Wipes
Fragrance
Free
3 x 80 Pack
\$5.33 each



\$15_{ea}

EVERY DAY!

Johnson's
Daily
Essentials
Facial
Cleansing
Wipes
3 Pack
\$5.00 each



\$18.55_{ea}

EVERY DAY!

L'Oreal Wrinkle Expert Day or Night
Cream 50ml \$37.10 per 100ml



\$9_{ea}

EVERY DAY!

Salvital 375g
\$2.40 per 100g



\$11.95_{ea}

EVERY DAY!

L'Oreal
Paris Elnett
Hairspray
400ml
\$2.99 per 100ml



\$5.65_{ea}

EVERY DAY!

Vo5
Styling Gel
Tub Mega
Hold 250g
\$2.26 per 100g



\$14_{ea}

EVERY DAY!

Neutrogena
Hair Shampoo
T Gel 200ml
\$7.00 per 100ml



\$3.50
ea

EVERY DAY!

Palmolive
Dishwashing
Liquid
Original,
Lemon or
Lemon Lime
750ml
\$0.47 per
100ml



Everyday
**LOW
PRICES**

on dishwashing
suds

\$5.50
ea

EVERY DAY!



Ziploc Sandwich Bags 100 Pack
\$0.06 each

\$3.50
ea

EVERY DAY!

Ajax
Spray 'n' Wipe
Trigger Spray
475-500ml



\$4
ea

EVERY DAY!

Ajax
Floor Cleaner
750ml
\$0.53 per 100ml



\$2.10
ea

EVERY DAY!

Whiskas
Cat Food
400g
\$0.53 per 100g



\$1.60
ea

EVERY DAY!

Purina Fancy Feast Cat Food 85g
\$1.88 per 100g



\$5.80
ea

EVERY DAY!

Fussy Cat Steak 5 x 90g (Available in the
Meat Dept. Fridge) \$1.29 per 100g



\$8
ea

EVERY DAY!

Lucky Dog
Bones 800g
\$1.00 per 100g



\$29.50
ea

EVERY DAY!

Optimum Dog Food 24 x 100g
\$1.23 per 100g



\$5.40
ea

EVERY DAY!

Nature's Gift
Meatballs
700g
(Available
in Meat
Dept. fridge)
\$7.71 per kg

