

Promotion runs 9/10/24 – 5/11/24. For full terms and conditions visit foodlandsa.com.au. SA Licence Number SA Permit Number T24/1171, NSW Permit Number T



## Great Rewards Live Here





Sunsilk Shampoo or Conditioner 350ml \$0.93 per 100ml

\$**6**50

SAVE \$5.50

Voost Effervescent Tablets 20

Pack (excl.

\$0.27 each

Harpic Hygienic &

2 Pack

Bref

Spa Moments,

Blue Active or

**Power Active** 

2 Packs 100g

\$5.50 per 100g

\$1.75 each

Fresh Sticker

**550** 

SAVE \$5.50

ea

**Toilet Block** 

Hydrate Range)

\$**2**50

SAVE \$3.50

ea

ea



BUY ME TO WIN



Dove

Aerosol

220ml

Deodorant

\$1.93 per 100ml





Harpic Fresh **Power Toilet** Cleaner 700ml \$0.50 per 100ml



Harpic Fresh Power Cleaning Tabs 6 Pack \$1.17 each





\$6.11 per litre



SAVE \$5.00 LYNX

Lynx Deodorant 150ml \$3.33 per 100ml



Trill Bird Pellets 600g \$0.83 per 100g





BUY ME TO WIN

**BelVita Breakfast** or Sandwich Biscuits 253-300g





275

SAVE \$3.75

ea





Favourites 336-340g

ea

SAVE \$3.00





BUY ME TO WIN



Polly Waffle or Violet Crumble 120-150g





Nestlé Medium Bars 35-50g



60

ea

Monster **Energy Drink** 4x500ml \$3.80 per litre







Potato Chips

#### FRESH



## AUSSIE Mini Roma Tomatoes





Sweet Delights Mini Roma Tomatoes 200g \$17.50 per kg





THE MIGHTY SOUTH AUSSIES

#### MEAT



Australian Lamb Forequarter Chops



Australian Pork Loin Steaks



Fresh Skinless Chicken Breast Fillets



Slape & Sons Premium Sausages or Burgers Range 480g (Selected Varieties) \$16.46 per kg





Steggles Turkey Mince 500g \$13.00 per kg



\$16.90 per kg



**10**90

Specialty Foods

Street Eats **Chicken Yiros** Meat 500g

CHICKEN







Lenard's Chicken Cheesy Lenny Pops 500g \$19.80 per kg



Simply Tasty Potato Scallop, Cauliflower & White Sauce or Roasted Vegetables 800g \$15.63 per kg

#### **MEAT & SEAFOOD**



Ingham's Gourmet Chicken Portions



Chicken Size 20 (2.05kg) \$6.10 per kg



Tassal Australian Cooked Prawns 1kg \$23.90 per kg



Fresh Australian Barramundi Portions Skin On (Find me in the Deli)

## \$**14**50

Global Seafoods Southern Blue Whiting Fillets 1kg \$14.50 per kg





Ferguson King George Whiting Fillets 200g \$11.75 per 100g







Salt & Pepper Squid 500g \$19.80 per kg





Boston Bay Mussel Hot Pot 600g \$17.50 per kg





#### DELI



- A. Barossa Fine Foods Kransky Range **\$18.50kg**
- B. Bertocchi Sopressa Hot or Mild \$24.90kg
- C. D'Orsogna Premium Roast Beef \$25.90kg
- D. Shale Point Creamy Cheddar 500g **\$16.50ea** \$33 per kg
- E. AusFresh Marinated Split Green Olives or Green Olives with Chilli & Garlic **\$17.50kg**
- F. Mayfair Twiggy Stick Hot or Mild **\$22.90kg**
- G. Hans Milano Loin Ham **\$19.90kg**



#### BAKERY







Happy Donut Co 4 Pack 230-290g



#### **BREAKFAST**



Bushells Blue Label or Australian Breakfast Tea Cup Bags 100 Pack



Sanitarium Up & Go 12 x 250ml \$5.83 per litre



BARISTA RESERVE

PROPERTY AND ADDRESS

1



\$**2**60

SAVE 40°

Pauls

Zymil

1 Litre

Uht Milk

Lactose Free

\$2.60 per litre

Nestlé Milo 700g \$1.43 per 100g



Moccona Barista Reserve Coffee Capsules 10 Pack

24 SAVE \$11.00

Grinders Coffee Beans 1kg \$2.40 per 100g



GRINDERS





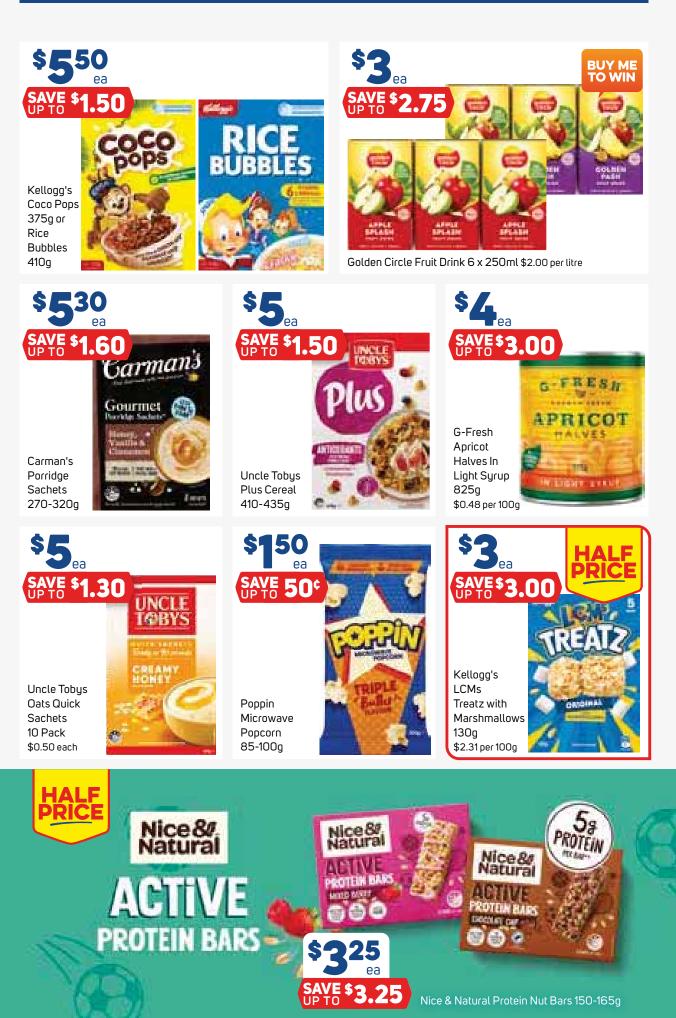
ea SAVE \$1.00 Bega Simply Nuts Peanut Butter 650g \$1.23 per 100g

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asy to digest

FULL CHEN

#### PANTRY





#### PANTRY



#### **SNACKS & DRINKS**





#### PANTRY





CSR Dark Brown Sugar 1kg \$0.46 per 100g





Old El Paso Standard Kits 290-520g

\$550

Angas Park Diced

Apricots

200g

ea





ANGAS PARK

**Diced Apricots** 



Edgell Beetroot 425g \$0.52 per 100g





#### PANTRY



## Dial up the Flavour with TABASCO® Sauce







Tabasco Sauce 60ml \$7.33 per 100ml



FOODLAND P42 2024 P15

100

TABASCO

## A YEAR'S SUPPLY\* of Yo-Yo® with





SCAN TO ENTER



#### Buy 3 Arnott's Sweet, Cream or Plain Biscuits

CARNON CANNON CANON

For entry details and full terms and conditions visit www.foodlandsa.com.au/competitions ar's supply equates to 52 packets of Arnott's Yo-Yo® Biscuits "Products must be purchased in a single transaction. Excludes Arnott's Chocolate Biscuits and Arnott's Savoury Biscuit range

®Arnott's and Yo-Yo<sup>®</sup> are registered trade marks used with the permission of Arnott's Biscuits Limited.



Lipton

BRING OUT THE SUNSHINE

LIPTON AND THE LIPTON DEVICE ARE TRADEMARKS USED UNDER LICENCE In Australia by Asahi Beverages **SAVE \$3.00** 

Lipton Ice Tea 1.5 Litre

#### **BISCUITS & SNACKS**

\$**4**<sub>ea</sub>

VE \$1.00

ARNOTTS



Arnott's Salada, Cruskits or Vita Weat Crispbread 125-250g



Dulwich Bakery Cookies 300-350g

1.23

030

**GREAT VALUE** 

Nature's Delight

Outdoor

Mix 400g

\$2.08 per 100g

ea





Arnott's Yo-Yo Biscuits 250g \$0.80 per 100g





Arnott's Iced Tic Toc Biscuits 250g \$1.20 per 100g







Mini







Prices effective from Wednesday 16th October 2024 to Tuesday 22nd October 2024, or while stocks last.

• Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 09.09.24. Advertised savings may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.

Please recycle this catalogue 🚺

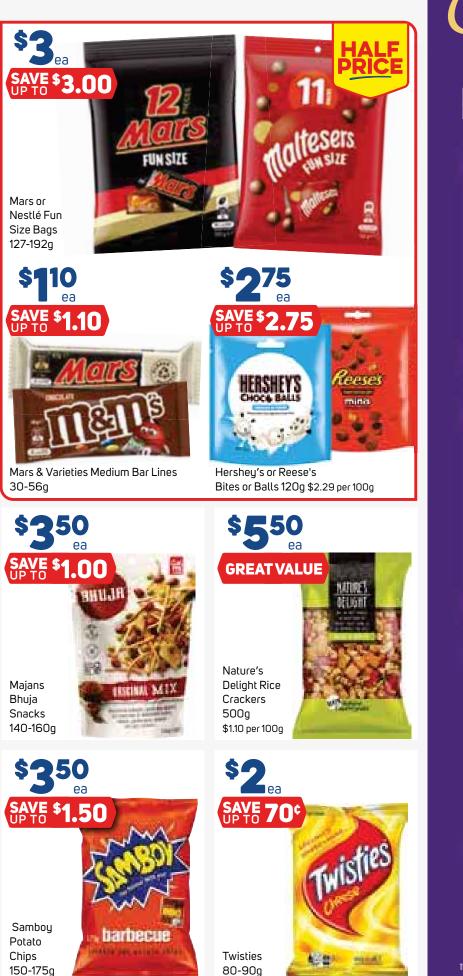


#### DRINKS



FOODLAND P42 2024 P18

#### **SNACKS**





Cadbury Block Chocolate 315-360g

THE EQUIVALENT OF A GLASS AND A HALF OF FULL CREAM MILK IN EVERY 2000 OF CADBURY DAIRY MILK MILK CHOCOLATE DAIRY MILK, THE GLASS AND A HALF DEVICE AND THE COLOUR PURPLE ARE TRADE MARKS USED UNDER LICENCE.









Telfast Hayfever Allergy Relief 180mg Antihistamine Tablets 5 Pack\* \$1.10 each

#### Always read the label and follow the directions for use. Telfast provides hayfever allergy relief. \*Compared to oral antihistamines available over the counter in Australia.

180

Based on a single dose only. Review conducted by Sanofi, Jan 2021. References available at telfast.com.au <sup>#</sup>For Telfast 120mg and 180mg only. MAT-AU-2401749-1.0 08/2024

ea SAVE \$3.65 **E000** 

Tampax Tampons 18-20 Pack



Cancer Council Face 50ml<sup>†</sup> \$34.80 per 100ml





Metamucil Daily Fibre Supplement 425-504g\*



Difflam A HIGHER LEVEL OF SORE THROAT **PAIN RELIEF\*** 





BUY ME

**Difflam Plus** Lozenges 16 Pack\*

Anaesthetic • Antibacterial • Anti-Inflammatory







# SPRING INTO FOODLAND

## WIN A SHARE OF \$5000 IN PRIZES

Buy any of the participating brands below between 18/9/2024 - 29/10/2024 to go into the draw to WIN!

always voost and clearblue TAMIPAX

Oheada OLAY Oral B PANTENE FAIRY

To enter go to www.foodlandsa.com.au/competitions or scan QR code and follow the instructions. Also enter via the Foodland Great Rewards App. Keep original receipt. See Terms and Conditions on website.



ANTE

Gillette

febreze

- Pantene Miracle Shampoo 375ml or Conditioner 350ml
  \$6.50ea SAVE \$6.50
- B. Herbal Essences Shampoo or Conditioner 400ml
  \$5.25ea SAVE \$5.25 \$1.31 per 100ml
- C. Head & Shoulders Shampoo or Conditioner 660ml \$10.50ea SAVE \$10.50 \$1.59 per 100ml



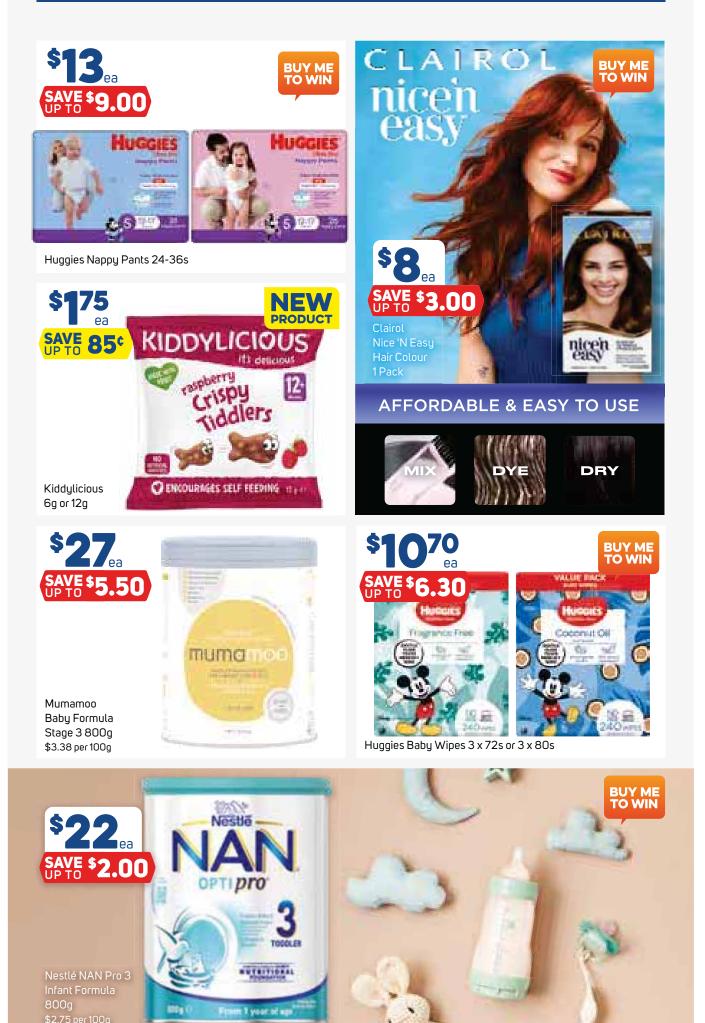
ATINU

Herbal

- A. Oral-B Gum Care Toothpaste 110g \$5ea SAVE \$5.00 \$4.55 per 100g
- B. Oral-B Sensitive Toothbrush Refills 6 Pack \$22.75ea SAVE \$22.75 \$3.79 each
- C. Oral-B 3D Lux Toothpaste 95g
  \$5ea SAVE \$5.00 \$5.26 per 100g



#### **BABY & HEALTH**



F00DLAND P42 2024 P24



## SOMETHING FOR EVERYONE!

### AUSTRALIA'S #1 VANILLA\* FOR EVERY OCCASION



Source: Nielsen Data MAT to 10.10.2023. Australia grocery exclud. Aldi, Ice Cream (includ. Ice Cream & Ice Confection), Vanilla Flavour, all format, Dollars & Units.



BENEJERRY





THE MIGHTY SOL

AUSSIES





#### FROZEN







McCain Family Pizza 490-500g



Pampas Shortcrust Pastry 1kg \$4.50 per kg



Super Nature Wellness Bowls 350g \$1.43 per 100g









McCain Pub Size Meals 480-500g



Madam Mai Noodle Soup 750g \$10.00 perkg



McCain Beer Batter Chips 750g \$5.60 per kg





#### DAIRY

SOUTH



THE MIGHTY SOU AUSSIES

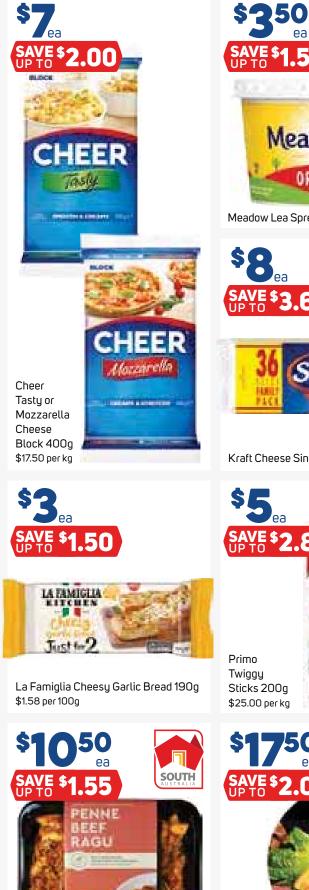
#### **DAIRY & FROZEN**







#### DAIRY



Bowlsome Heat & Eat Meals 290-370g







Kraft Cheese Singles 648g \$12.35 per kg



Don Pan Sized or Short Cut Bacon 220-250g

ea

SAVE \$1.00

Obela

To Go

Snack

Dip 125g

\$2.40 per 100g

75



SOUTH





Sticks 200g \$25.00 per kg







Simply Tasty Pasta Faves Meals 400g \$1.90 per 100g

#### PET

International Contractor

TIMATES

\$**6**50 ea

**SAVE \$2.70** 

Ultimate Indulge Dog 6 x 100g

Pedigree

Dentastix

28 Pack

\$0.60 each

\$1.08 per 100g

ea



Ultimates Indulge 100g \$0.90 per 100g



Farmer's Market 400g \$0.49 per 100g







DENTASI

VIP Paws Chilled Fresh Dog Food 600g (Available in Meat Dept. Fridge) \$9.00 per kg



#### **Choose Better. Choose Ginger.**



\$0.28 per 100g

#### HOUSEHOLD



FOODLAND P42 2024 P34

#### HOUSEHOLD

THE MIGHTY SOUTH AUSSIES



#### **HOUSEHOLD & PET**



#### \$**6**80 ea **EVERY DAY!**

Remover

750ml

100ml

\$1.93 per



Fussy Cat Steak Range 5 x 90g 450g (Available in Meat Dept. fridge) \$12.89 per kg





VIP Pets 1st Choice Dog Food Roll 3kg (Available in Meat Dept. fridge) \$2.00 per kg



Nature's Gift Meatballs 700g (Available in Meat Dept. fridge) \$7.71 per kg











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#### WINE



Tatachilla White Admiral Range 750ml Woodstock Grenache Rose 750ml Grant Burge GB Range 750ml Hardys VR Range 1L Houghton Range 750ml





St Hallett Black Clay or Faith Shiraz Days of Rose Dry Rose Currency Creek Reserve Brut Shaw Family Vintners Range Matua Valley Range





\$**38** 

Penfolds Bin 128 Shiraz 2019





\$**37**...





Nepenthe Pinnacle Range





\$**19** Tintara







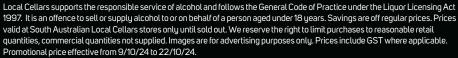




\$**20** 

Peter Lehmann

Range









Wise.



LOCAL CELLARS RENMARK - 25 RAL RAL AVENUE, RENMARK 5341 (08) 8586 4269 LOCAL CELLARS BANQUET FOOD & WINE - 990 PORT ROAD, ALBERT PARK SA 5014 (08) 8268 1652 LOCAL CELLARS BALAKLAVA - 4 WALLACE STREET, BALAKLAVA 5461 (08) 8862 1840 LOCAL CELLARS NORWOOD - PARADE CELLARS, 161 THE PARADE NORWOOD SA 5067 0401 802 900



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FODDLAND THE MIGHTY SOUTH AUSSIES