

FOODLAND

On Sale 24-30 July 2024

\$19⁹⁰
kg

Aussie Lamb



Australian Lamb Loin Chops

Serving suggestion

\$2²⁰
ea

SAVE \$2.20
UP TO



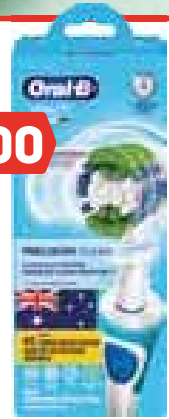
McVitie's Digestive Biscuits 262-355g (Selected Varieties)

All
**HALF
PRICE**

\$25
ea

SAVE \$25.00
UP TO

BUY ME TO
WIN



Oral B
Vitality Power
Toothbrush 1 Pack

\$3
ea

SAVE \$3.00
UP TO



Cadbury
Block
Chocolate
167-190g

\$4²⁵
ea

SAVE \$4.25
UP TO



Red Rock
Deli, Smith's or
Doritos Party Bag
Chips 290-380g

WINTER beauty
WONDERLAND OF BRANDS

WIN A SHARE OF
\$5000 IN PRIZES



BUY ANY PROCTER & GAMBLE
PRODUCT FROM 26TH JUNE -
6TH AUGUST 2024, FOR YOUR
CHANCE TO WIN!



Gillette Venus *Healthy Skin* OLAY Oral-B PANTENE FURU *Healthy* VICKS *Always* *discared* *vööst* *ambi pur* clearblue TAMPAX

To enter go to www.foodlands.com.au/competitions or scan QR code and follow the instructions. Also enter via the Foodland Great Rewards App. Keep original receipt. See Terms and Conditions on website.

Great Food Lives Here



All
HALF PRICE

\$9.50
ea

SAVE UP TO **\$9.50**

Aveeno
Moisturising
Lotion 354ml
(Excludes
Dermexa range)
\$2.68 per 100ml



\$12.50
ea

SAVE UP TO **\$12.50**

Ogx
Shampoo
or Conditioner
385ml
\$3.25 per 100ml



\$13
ea

SAVE UP TO **\$13.00**

Pine O Clean
Laundry
Sanitiser
2 Litre
\$0.65 per 100ml



\$3.50
ea

SAVE UP TO **\$3.50**

Bref
Toilet
Cleaner Gel
600-700ml



\$2.75
ea

SAVE UP TO **\$2.75**

Décor
Microsafe
Soup Mug
450ml
\$2.75 each



\$5.50
ea

SAVE UP TO **\$5.50**

BIC Multi
Purpose Lighter
\$5.50 each



\$3.50
ea

SAVE UP TO **\$3.50**

Bref Blue
Active Toilet
Cleaner 50g
\$7.00 per 100g



\$3.10
ea

SAVE UP TO **\$3.10**

Décor Microsafe Round Containers
750-800ml



\$2.50
ea

SAVE UP TO **\$2.50**

Palmolive
Ultra
Dishwashing
Liquid 500ml
\$0.50 per 100ml



\$5
ea

SAVE UP TO **\$5.00**

Trill Bird Pellets 600g \$0.83 per 100g



\$4.25
ea

SAVE \$4.25
UP TO



Bulla
Frozen
Yoghurt
Multipacks

\$3
ea

SAVE \$3.00
UP TO



Tip Top
English
Muffins
400g 6 Pack
\$0.50 each

\$1.25
ea

SAVE \$1.25
UP TO



Nestlé Medium Bars Lines

\$7.75
ea

SAVE \$7.75
UP TO



Maltesers Gift Box 400g \$1.94 per 100g

\$4.20
ea

SAVE \$4.20
UP TO



Kinder Bueno Mini T18 97g \$4.33 per 100g

\$8
ea

SAVE \$8.00
UP TO



Lindt Lindor Gift Box 150g \$5.33 per 100g

\$9
ea

SAVE \$9.00
UP TO



Schweppes Mineral Water 10 x 375ml
\$2.40 per litre

\$2.15
ea

SAVE \$2.15
UP TO



Perrier
750ml
\$2.87 per litre

All
HALF PRICE

\$11
ea

SAVE \$11.00
UP TO



Cadbury
Favourites
520g
\$2.12 per 100g

\$1.10
ea

SAVE \$1.10
UP TO



Mars or Varieties Medium Bars 22-56g

FRESH

SOUTH AUSTRALIAN red or green Capsicums



\$5.80
kg

MARKET FRESH

Red or Green Capsicums

\$4.50
ea

1KG PACK



Soup Vegetables 1kg Pre-Pack
\$4.50 per kg

\$3.50
ea

1.5KG BAG



Mitolo Potatoes (Mashing, Low Carb,
Chipping) 1.5kg Bag \$2.23 per kg

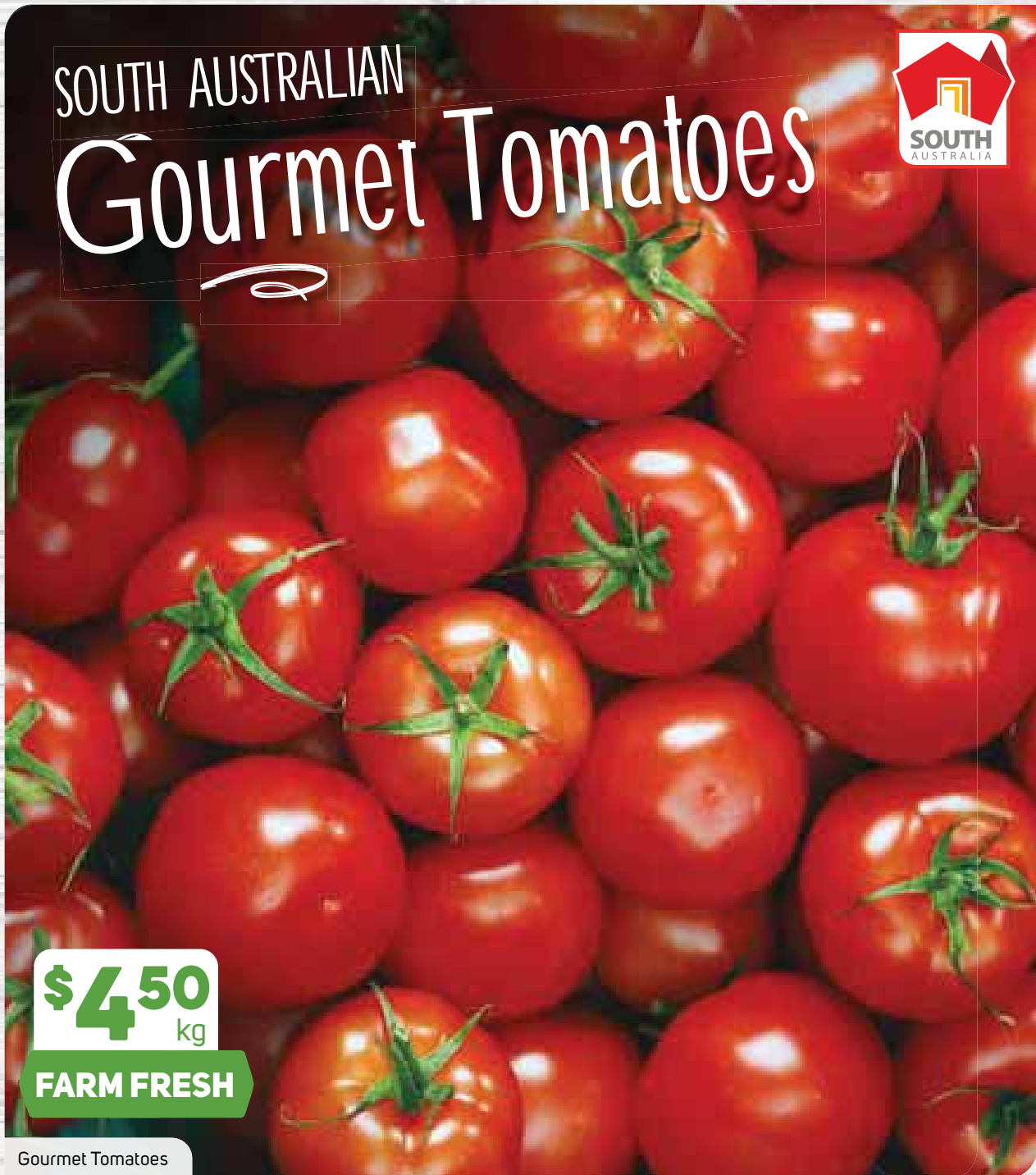
\$3.90
ea

GREAT VALUE



Gourmet Garden
Basil Herb Tube
Range 80g
\$4.88 per 100g

SOUTH AUSTRALIAN Gourmet Tomatoes



\$4.50
kg

FARM FRESH

Gourmet Tomatoes

\$2.70
ea

500G BAG



PECULIAR PICKS



Peculiar Picks Lemons
500g \$5.40 per kg

\$3.90
kg

LOCAL PRODUCE



Adelaide Hills Royal Gala Apples

\$4.30
ea

READY TO COOK



Hi Fresh Soup Mix \$7.17 per kg

MEAT

\$16⁹⁰ kg

PRODUCT OF AUSTRALIA



Australian Beef Oyster Blade Steak

Serving suggestion

\$12⁵⁰ kg

PRODUCT OF AUSTRALIA



Australian Skinless Chicken Thigh Fillets

Serving suggestion

\$7⁹⁰ ea

PRODUCT OF AUSTRALIA



Ingham's Chicken Kebabs 450g \$17.56 per kg

Serving suggestion

\$6⁵⁰ kg

PRODUCT OF AUSTRALIA



Australian BBQ Sausages

Serving suggestion

\$7⁹⁰ ea

PRODUCT OF AUSTRALIA



Ingham's Chicken Mince 500g \$15.80 per kg

\$18⁹⁰ ea

PRODUCT OF AUSTRALIA

HEAT & EAT



Luv-A-Duck Peking Duck Pancake Kit 560g \$33.75 per kg

\$13⁵⁰ ea

PRODUCT OF AUSTRALIA

HEAT & EAT



Our Kitchen Fully Cooked Drumstick or Wing Nibble Range 1kg \$13.50 per kg

\$26⁹⁰ kg

HEAT & EAT

SOUTH AUSTRALIA



Our Kitchen Fully Cooked Boneless Chicken Roast Traditional or Roasted Tomato & Garlic

\$20⁹⁰ ea

PRODUCT OF AUSTRALIA

SAVE \$3.10 UP TO



Beak & Sons Beef Brisket in a BBQ Sauce 800g \$26.13 per kg

\$8⁵⁰ kg

AUSTRALIAN PORK

SunPork Fresh Foods



SunPork Smoked Bacon Hock (Find me in the Deli)

MEAT & SEAFOOD

\$17⁵⁰ kg

AUSTRALIAN PORK



Family Chef Pork Belly Portion Rind On

Serving suggestion

\$12⁹⁰ ea

PRODUCT OF AUSTRALIA



Specialty Foods Street Eats Lamb Yiros Meat Fresh 500g \$25.80 per kg

Serving suggestion

\$16⁹⁰ kg

THOMAS CAPPO SEAFOODS

PRODUCT OF AUSTRALIA



Thomas Cappo Seafoods Whole Raw/Green Australian Large Banana Prawns (Thawed & Find me in the Deli.)

Serving suggestion

\$34⁹⁰ kg

FRESH

THOMAS CAPPO SEAFOODS

PRODUCT OF AUSTRALIA



Fresh Tasmanian Salmon Portion Skin On (Find me in the Deli.)

Serving suggestion

\$38⁹⁰ ea

SAVE UP TO \$8.40

PRODUCT OF AUSTRALIA



Raptis Crumbed Australian Prawn Cutlets 1kg \$38.90 per kg

\$13⁵⁰ ea

SAVE UP TO \$2.50

SOUTH AUSTRALIA



Ferguson Gummy Shark 200g \$6.75 per 100g

\$8⁸⁰ ea

SAVE UP TO \$4.20



Global Seafoods Smoked Cod Fillets 500g \$17.60 per kg

\$24⁹⁰ ea

SAVE UP TO \$22.10



Global Seafoods Cooked & Peeled Prawn (Tail On) 1kg \$24.90 per kg

\$7⁵⁰ ea

SAVE UP TO \$2.00



KBs Cooked Prawn Skewers in Garlic Marinade 250g \$30.00 per kg

\$9⁵⁰ ea

SAVE UP TO \$5.00



Thomas Cappo Seafoods Marinara Mix 500g \$19.00 per kg

DELI



- A. Bertocchi Triple Smoked Ham **\$24kg**
- B. Blue Heaven Danish Fetta **\$8.25kg SAVE \$8.25kg \$9.50ea** \$47.50 per kg
- C. D'Orsogna Premium Roast Beef or Silverside **\$23.90kg**
- D. Mayfair Twiggy Stick Hot or Mild **\$22kg**
- E. Barossa Food Co Pate 120g **\$3.90ea** \$3.25 per 100g
- F. Shale Point Brie, Camembert or Triple Cream Brie 200g **\$9.50ea** \$47.50 per kg
- G. Mil Lel Parmesan, Pecorino or Romano (Whole or Pieces Only) **\$27.90kg**
- H. Northern Light Smoked Salmon 100g **\$7.90ea** \$7.90 per 100g

\$15 kg



Primo Shortcut Bacon

\$13 kg



Chapman's Bung Fritz

\$21 kg



Barossa Fine Foods Plain or Vinegar Presswurst

\$7.90 kg



KR Castlemaine Cocktails, Franks or Saveloys

\$5.90 ea

SAVE \$7.35 UP TO



Tasmanian Heritage Cheese Blue Wedge 120g \$49.17 per kg

\$13.50 ea

BUY LOCAL



Hahndorf Mettwurst 500g \$27.00 per kg

BAKERY

\$3
ea

SAVE UP TO \$1.90



Golden Bakery Crumpet Squares 6 Pack
\$0.50 each

\$4.50
ea

SAVE UP TO 50c



Community Co
Pane Di Casa
Loaf 500g
\$0.90 per 100g

\$4
ea

SAVE UP TO \$1.50



Helga's Wraps 445-508g

\$4.90
ea

SAVE UP TO \$1.20

GLUTEN FREE

Lifestyle
Bakery Gluten
Free Turkish
Bread 200g
\$2.45 per 100g



\$6
ea

GREAT VALUE

GLUTEN FREE

Swiss Nat'ral
Gluten Free
Rolls 3 Pack
\$2.00 each



\$3.50
ea

SAVE UP TO 90c

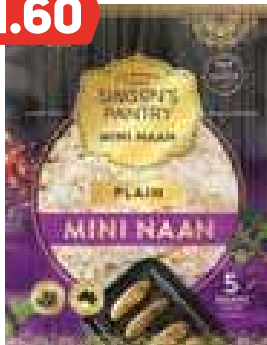


Balfours Traditional Pies,
Pasties or Sausage Rolls 150-175g

\$2.40
ea

SAVE UP TO \$1.60

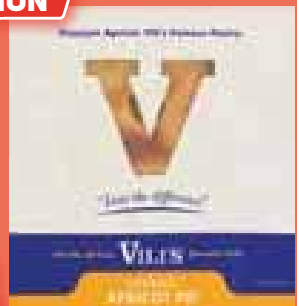
Simpson's
Pantry
Mini Naan
Bread
225g
\$1.07 per 100g



\$11
ea

FAMILY TRADITION

Vili's
Gourmet
Sweet Pie
Plates 600g
\$1.83 per 100g



\$2.95
ea

SAVE UP TO 80c

Country
Delight
Snowballs
8 Pack
200g
\$1.48 per 100g



\$6
ea

24 PACK



Bakers Oven Cookies 490-500g

\$6.90
ea

GREAT VALUE

Dulwich
Bakery Cake
Range 550g
\$1.25 per 100g



**BUY SA.
FOR SA.**

BAKERY & BISCUITS

Everyday
**LOW
PRICES**

on everyday
essentials



\$4.40
ea

EVERY DAY!



Wonder
White Bread
Range 700g
\$0.63 per 100g

\$4.90
ea

EVERY DAY!



Helga's
Bread
650-850g

\$5.90
ea

EVERY DAY!



Bürgen
Bread
Range 700g
\$0.84 per 100g

\$3.30
ea

EVERY DAY!



Foodland
Bread
Range 700g
\$0.47 per 100g

\$3.70
ea

EVERY DAY!



Foodland
Hamburger
Rolls 6 Pack
\$0.62 each

\$4.40
ea

EVERY DAY!



Tip Top
9 Grain
700-750g

\$4
ea

EVERY DAY!



Arnott's
Farmbake
Biscuits
310g
\$1.29 per 100g

\$4.50
ea

EVERY DAY!



Oreo Original Tray 358g \$1.26 per 100g

\$6
ea

EVERY DAY!



Arnott's Tim Tam Value Pack 365g
\$1.64 per 100g

\$2.50
ea

EVERY DAY!

Kraft
Easy Mac
Bowl 73g
\$3.42 per 100g



Everyday
**LOW
PRICES**

on pantry staples

\$6
ea

EVERY DAY!



Heinz Baked Beans or
Spaghetti 3 x 300g \$0.67 per 100g

\$6
ea

EVERY DAY!

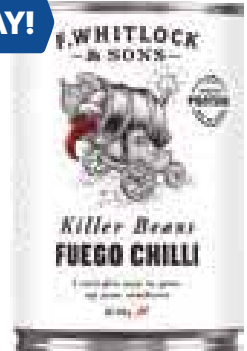
Maggi
2 Minute
Mug Noodles
4 Pack



\$3
ea

EVERY DAY!

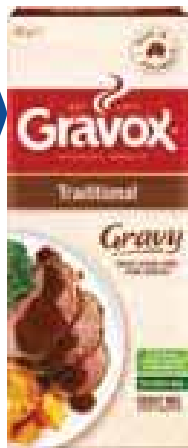
F. Whitlock
& Sons
Killer Beans
420g
\$0.71 per 100g



\$6
ea

EVERY DAY!

Gravox
Powder
425g
\$1.41 per 100g



\$2.40
ea

EVERY DAY!

Fountain
Tomato
or BBQ
Sauce 500ml
\$0.48 per 100ml



\$6.10
ea

EVERY DAY!

Nando's
Peri-Peri
Sauce 250g
\$2.44 per 100g



\$4.50
ea

EVERY DAY!

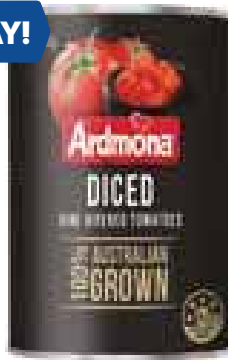
MasterFoods
Simmer Sauce
485-505g



\$2.10
ea

EVERY DAY!

Ardmona
Diced or
Crushed
Tomatoes
400-410g



\$2.20
ea

EVERY DAY!

Campbell's
Soup
410-420g



HALF PRICE



\$3.50 ea

SAVE \$3.50
UP TO

Lipton English
Breakfast or Black
Tea Bags 100 Pack

BREAKFAST & COFFEE

\$18 ea

SAVE \$6.00
UP TO

Starbucks
Coffee
Capsules By
Nespresso
36 Pack



\$14.35 ea

SAVE \$6.15
UP TO

Moccona
Specialty
Blend Instant
Coffee 200g
\$7.18 per 100g



\$6.75 ea

SAVE \$1.75
UP TO

Twinnings
Tea Bags
40-50 Pack
\$13.50 per 100g



\$8 ea

EVERYDAY!

Brasilia Coffee
Ground 250g
\$32.00 per kg



\$5.65 ea

GREAT VALUE

Snacktacular Fruit Pouch 5 Pack



\$1.80 ea

SAVE UP TO 55¢

Sanitarium
So Good
Long Life
Soy Milk
1 Litre
\$1.80 per litre



\$6.90 ea

SAVE \$2.00
UP TO

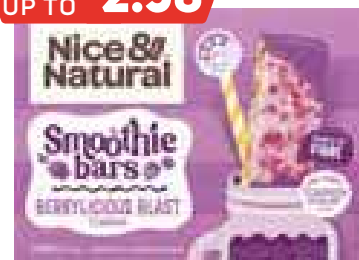
Noshu Low Carb Bars 150-160g



\$3 ea

SAVE \$2.50
UP TO

Nice & Natural Smoothie Bars 100g
\$3.00 per 100g



PANTRY

NEW

\$4.50 ea

SAVE UP TO \$1.50



Sanitarium Weet-Bix Blends
Multi-Grain+ 575g \$0.78 per 100g

\$4.40 ea

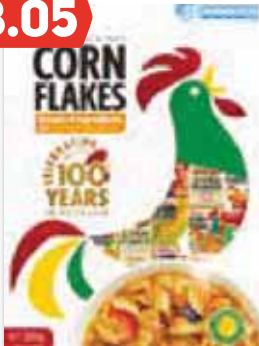
SAVE UP TO \$1.10



Vegemite
Gluten Free
235g
\$1.87 per 100g

\$2.50 ea

SAVE UP TO \$3.05



Kellogg's
Corn Flakes
380g
\$0.66 per 100g

\$5.40 ea

SAVE UP TO \$1.40



Bega
Peanut
Butter 470g
\$1.06 per 100g

\$2.75 ea

SAVE UP TO \$2.75

HALF PRICE



Golden Circle
Aussie Blend
Juice 1.5 Litre
\$1.83 per litre

\$3.50 ea

SAVE UP TO 70¢



Queen
Sugar Free
Maple
Flavoured
Syrup 355ml
\$0.99 per 100ml

\$2.60 ea

SAVE UP TO 35¢



CSR
White
Sugar 1kg
\$0.26 per 100g

\$5 ea

SAVE UP TO 85¢



Angas Park
Pitted Prunes 250g \$2.00 per 100g

MORE
Bega
SINCE 1899
YOU'LL LOVE



\$4 ea

SAVE UP TO \$1.45

Serving Suggestion

Bega Tasty Cheese Block 250g
\$1.60 per 100g



\$7.90 ea

SAVE UP TO 70¢

Bega
Tasty Cheese
Block 500g
\$1.58 per 100g

Proudly made in Strathmerton with imported and local ingredients. The local ingredients are sourced Australia wide.

BEGA and the BEGA device are trade marks of Bega Group.

PANTRY

MAKE SOME
NOISE
 FOR YOUR
 HOME TEAM



\$4.25
 ea

HALF PRICE

SAVE \$4.25
 UP TO



Old El Paso Standard Kits 290-520g

**BRING
 YOUR
 FLAVOUR**

\$6.30
 ea

SAVE UP TO \$1.95



Patak's
 Curry Paste
 283-312g

\$3.90
 ea

SAVE UP TO \$2.60



MasterFoods
 Born In The
 Flames BBQ
 Sauce 500ml
 \$0.78 per 100ml

\$3.50
 ea

SAVE UP TO \$1.00



Ben's
 Original
 Rice 10+
 or Risotto
 240-250g

\$4.50
 ea

SAVE UP TO \$1.40



Midas
 Sweet or
 Hot Mango
 Chutney
 300-340g

\$2.60
 ea

SAVE UP TO 25¢



Ayam Coconut Milk 270ml \$0.96 per 100ml

\$3.10
 ea

SAVE UP TO 70¢



Kikkoman
 Sauce Range
 225-250g

\$2
 ea

SAVE UP TO 80¢



Trident
 Soup 60g
 \$3.33 per 100g

\$4.60
 ea

GREAT VALUE



Safcol Responsibly Fished Tuna 425g
 \$10.82 per kg

\$2.50 ea
SAVE UP TO \$2.50

HALF PRICE

Gravox Gravy Canisters 120-140g

\$2 ea
SAVE UP TO \$1.00

Continental Pasta & Sauce or Rice 85-120g

\$9 ea
SAVE UP TO \$2.00

Cobram Estate Infused Extra Virgin Olive Oil 250ml
 \$3.60 per 100ml

\$1.85 ea
SAVE UP TO 96¢

Cirio Diced Tomatoes 400g
 \$0.46 per 100g

\$9.50 ea
SAVE UP TO \$4.00

Plumrose Leg Ham 450g
 \$2.11 per 100g

\$1.75 ea
SAVE UP TO 75¢

Fantastic Cup Noodles 70g
 \$2.50 per 100g

\$4.25 ea
SAVE UP TO \$1.05

Heinz Tortellini or Rigatoni Pasta Meals 350g
 \$1.21 per 100g

\$3.85 ea
GREAT VALUE

Mutti Passata 700g
 \$0.55 per 100g

\$2.30 ea
SAVE UP TO 65¢

San Remo Pasta 375-500g

\$3.45 ea
SAVE UP TO 82¢

San Remo Pasta Sauce 500g
 \$0.69 per 100g


For great recipe ideas, visit sanremo.com.au/recipes

[sanremopasta](https://www.instagram.com/sanremopasta)


BISCUITS & SNACKS

\$2 ea
SAVE UP TO \$2.00

HALF PRICE



RITZ mini original



RITZ mini cheese

Ritz Mini Crackers 155-160g

\$1.40 ea
SAVE UP TO \$1.40

HALF PRICE




Fantastic Delites 100g \$1.40 per 100g

\$2.25 ea
SAVE UP TO \$2.25

HALF PRICE



Oreo Mini Cookies 157g \$1.43 per 100g

\$1.65 ea
BEST BUY



Sunbites Crackers 105-110g

\$3 ea
SAVE UP TO \$1.00



Arnott's Jatz Crackers 225-250g

\$5.50 ea
SAVE UP TO \$1.50



Arnott's Assorted Creams 500g \$1.10 per 100g

\$5 ea
SAVE UP TO \$1.00



Mr Brownie or Mr Blondie 200g \$2.50 per 100g


\$5.40 ea
GREAT VALUE

PRODUCT OF AUSTRALIA



Nature's Delight Australian Walnuts 300g \$1.80 per 100g

\$4 ea
6 PACK



Nutella B-ready Biscuit Multipack 132g \$3.03 per 100g

\$6.90 ea
GREAT VALUE

SOUTH AUSTRALIA



Continental Taralli Biscuits 250g \$2.76 per 100g



Prices effective from Wednesday 24th July 2024 to Tuesday 30th July 2024, or while stocks last.

• Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 17.06.24. Advertised savings may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.

Please recycle this catalogue

\$4.50
ea
SAVE \$1.50
UP TO



Red Rock
Deli Potato
Chips
150-165g

\$3.25
ea
SAVE \$3.25
UP TO



Lindt Lindor
Chocolate 100g
\$3.25 per 100g

HALF PRICE

\$3.50
ea
SAVE \$1.50
UP TO



Samboy
Potato Chips
150-175g

\$3.50
ea
SAVE \$1.50
UP TO



Allen's
Lolly Bags
140-200g

\$4.20
ea
SAVE \$1.80
UP TO



Mars or
Varieties Fun
Size Bags

\$4.40
ea
SAVE \$1.10
UP TO



Pringle
Chips
118-134g

\$4.50
ea
SAVE \$1.00
UP TO



Noshu
Low Sugar
Lolly Bags
150g
\$3.00 per 100g

\$3.50
ea
SAVE \$1.50
UP TO



Cadbury
Chocolate
Bites
130-150g

SINCE 1894
HERSHEY'S
COOKIES 'N' CREME

NEW TRY NOW!

\$4
ea
SAVE \$1.50
UP TO

Hershey Choc Balls 120g
\$3.33 per 100g

Reese's

new TRY NOW!

\$4.50
ea
SAVE \$1.00
UP TO

Reeses Miniatures Cups
120-150g

SNACKS

Everyday
**LOW
PRICES**

on tasty snacks



\$7.50
ea

EVERY DAY!



Top 20
Variety
Multipack
375g
\$2.00 per 100g

\$2.50
ea

EVERY DAY!



Pop Fiction
Popcorn
80-120g

\$2
ea

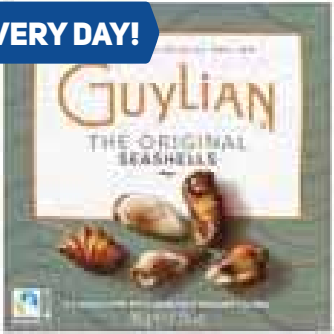
EVERY DAY!



Tru Blue
Soft Drinks
2 Litre
\$1.00 per litre

\$5.40
ea

EVERY DAY!



Guylian Chocolate Shells 65g \$8.31 per 100g

\$3.75
ea

EVERY DAY!



Harvest Snaps
Multipacks
5 x 18g
\$4.17 per 100g

\$3.20
ea

EVERY DAY!



Bundaberg
Ginger Beer
750ml
\$4.27 per litre

\$7.50
ea

EVERY DAY!



M&M's or
Maltesers
Large
Pouch
250-380g

\$6
ea

EVERY DAY!



Cadbury Party
Share Packs
216-234g

\$3.90
ea

EVERY DAY!



Coca-Cola
Varieties
2 Litre
\$1.95 per litre

\$5.50
ea

EVERY DAY!

Bulla
Real Dairy
Ice Cream
2 Litre
\$0.28 per 100ml



Everyday
**LOW
PRICES**

on freezer
favourites

\$6.50
ea

EVERY DAY!

Farmers Union
Greek Style
Yogurt 1kg
\$0.65 per 100g



\$11
ea

EVERY DAY!

Cheer
Cheese
Slices 500g
\$22.00 per kg



\$7
ea

EVERY DAY!

Western Star Spreadable 500g
\$1.40 per 100g



\$3.50
ea

EVERY DAY!

Dons
Shaved
Ham 100g
\$3.50 per 100g



\$4.80
ea

EVERY DAY!

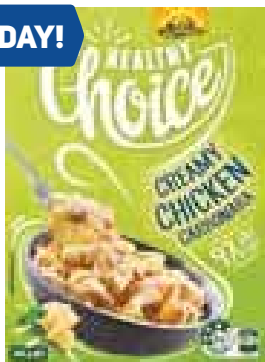
McCain SuperFries Chips 900g
\$5.33 per kg



\$4.50
ea

EVERY DAY!

McCain
Healthy
Choice
Meals
280-350g



\$5
ea

EVERY DAY!

Heinz
Mixed
Vegetables
1kg
\$5.00 per kg



\$11.50
ea

EVERY DAY!

Bird Eye
Fish
Fingers 1kg
\$11.50 per kg



DRINKS

\$9^{ea}
SAVE UP TO \$9.00

HALF PRICE

Pepsi, Sunkist, Solo or Varieties Can 10 x 375ml \$2.40 per litre

\$28³⁰^{ea}
SAVE UP TO \$18.90

Coca-Cola Cans 30 x 375ml \$2.52 per litre

\$1⁹⁵^{ea}
SAVE UP TO \$1.15

Mount Franklin Sparkling Water 1.25 Litre \$1.56 per litre

\$5⁵⁰^{ea}
SAVE UP TO \$1.90

Schweppes Mixers 4 x 300ml \$4.58 per litre

\$2³⁰^{ea}
SAVE UP TO \$1.55

Coca-Cola or Varieties 1.25 Litre \$1.84 per litre

\$9¹⁰^{ea}
SAVE UP TO \$6.10

Monster Energy Drink 4 x 500ml \$4.55 per litre

\$11⁶⁰^{ea}
SAVE UP TO \$3.40

0% ZERO ALCOHOL

Asahi Super Dry Zero 6 x 330ml \$5.86 per litre

\$12²⁵^{ea}
EVERY DAY!

0% ZERO ALCOHOL

Peroni Nastro Azzuro Zero 6 x 330ml \$6.19 per litre

The NATURAL CHIP CO.

Great Tasting Aussie Chips Naturally

3.5 HEALTH STAR RATING

HALF PRICE

\$2⁵⁰^{ea}
SAVE UP TO \$2.50

The Natural Chip Co. Potato Chips 150-170g

\$7.90
ea

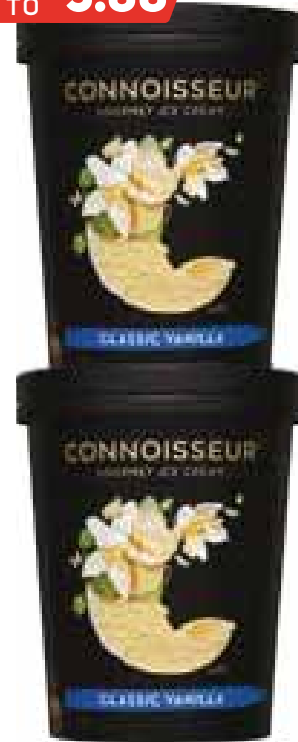
SAVE \$4.95
UP TO



Golden North Ice Cream 2 Litre \$3.95 per Litre

\$9
ea

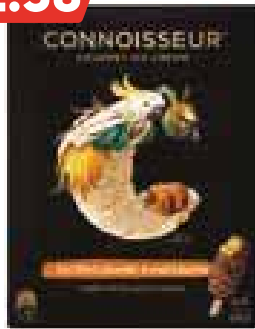
SAVE \$3.00
UP TO



Connoisseur Ice Cream 1 Litre \$9.00 per litre

\$7.60
ea

SAVE \$2.90
UP TO



Connoisseur Multipacks 4-6s

\$7.50
ea

SAVE \$3.00
UP TO



Peters Maxibon Multipacks 4s

\$20
ea

SAVE \$8.00
UP TO



Golden Gaytime Value Pack 16 Pack

\$9
ea

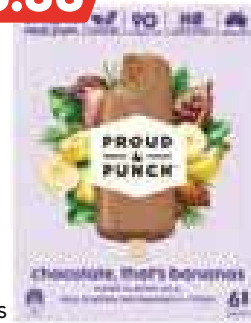
SAVE \$3.00
UP TO



Ferrero Frozen Dessert Multipacks 4s

\$5.50
ea

SAVE \$3.00
UP TO



Proud & Punch Multipack 6s

\$6
ea

SAVE \$2.00
UP TO



Streets Viennetta 650ml \$0.92 per 100ml

\$7.50
ea

SAVE \$3.00
UP TO



Sara Lee Deep Dish Dessert Pie 800g \$0.94 per 100g

\$12.50
ea

SAVE \$3.45
UP TO



Stoneybrook Fruit 850g-1kg

P!CKERS

BY 

NEW

**BUY ME
TO WIN**

BOLD BITES GOOD NIGHTS!



**A RANGE OF CROWD-PLEASING
SAVOURY BITES WITH AN ELEMENT
OF PLAYFUL ADVENTURE**

\$5
ea

McCain
Pickers 230-350g

SAVE UP TO \$2.50

\$7.50
ea

SAVE \$2.50
UP TO



Balfours Party Pies, Pasties or Sausage Rolls 450-600g

\$8
ea

SAVE \$3.00
UP TO



McCain Rustica Pizza 335-445g

\$3.60
ea

SAVE 90¢
UP TO



Birds Eye Stir Fry Vegetables 500g
\$7.20 per kg

\$5.60
ea

SAVE \$1.40
UP TO



Birds Eye Deli Sweet Potato Chips 600g
\$9.33 per kg

\$12
ea

EVERY DAY!



Steggles Roasted Chicken Wings 1kg
\$12.00 per kg

\$6.20
ea

SAVE \$1.10
UP TO



Balfours Premium Potato Pies 2 Pack
\$1.41 per 100g

\$11
ea

SAVE \$2.80
UP TO



Birds Eye Barramundi 250g
\$44.00 per kg

\$10
ea

SAVE \$3.25
UP TO



Lite n' Easy Meals 390-455g (Selected Varieties Only)

\$5
ea

GREAT VALUE



McCain Red-box Meals 375-400g

\$4
ea

SAVE \$2.00
UP TO



On The Menu Meals 400g
\$1.00 per 100g

DAIRY

\$1.70
ea

SAVE UP TO 90¢



Dairy Farmers Thick & Creamy Yoghurt 140-150g

95¢
ea

SAVE UP TO 25¢



Brownes Wiggles Pouch Yoghurt 90g
\$1.06 per 100g

\$1.50
ea

SAVE UP TO \$1.00



Siggis Yoghurt 125g \$1.20 per 100g

\$6.20
ea

GREAT VALUE



Paris Creek Bio-dynamic Yoghurt 1kg
\$0.62 per 100g

\$5.20
ea

GREAT VALUE



The Yoghurt Factory 500g \$1.04 per 100g

\$6.50
ea

SAVE UP TO \$1.40



Pauls Custard 6 x 150g
\$0.72 per 100g

\$1.60
ea

SAVE UP TO 90¢



Siggis Yoghurt Pouch 150g
\$1.07 per 100g

\$3
ea

GREAT VALUE



Paris Creek Farms Organic Milk 1 Litre
\$3.00 per litre

\$4.80
ea

SAVE UP TO \$1.60



Boost Juice 1 Litre
\$4.80 per litre

\$2.90
ea

SAVE UP TO \$1.20



Oak Flavoured Milk 600ml
\$4.83 per litre

\$3
ea

SAVE UP TO \$1.05



Boss Coffee 179-237ml

\$12_{ea}

SAVE \$4.80
UP TO



Primo
Short Cut
Rindless
Bacon 750g
\$16.00 per kg

\$9.50_{ea}

SAVE \$3.00
UP TO



Bega Cheese Slices, Block
or Shredded 500g \$19.00 per kg

\$4.50_{ea}

SAVE \$1.50
UP TO



Western Star Spreadable 375g
\$1.20 per 100g

\$3.75_{ea}

SAVE \$1.50
UP TO



Kraft Cheese Singles 216g
\$17.36 per kg



\$5.95_{ea}

SAVE \$3.20
UP TO



Don Bacon 180-250g

\$5_{ea}

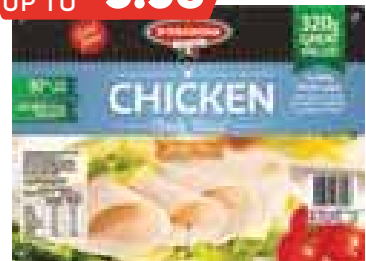
SAVE \$3.00
UP TO



La Famiglia Stone Bake Garlic Bread
330-480g

\$6_{ea}

SAVE \$3.50
UP TO



D'Orsogna Quad Pack Sliced Meat
320-400g

\$10.25_{ea}

HEAT & EAT

SAVE \$1.80
UP TO

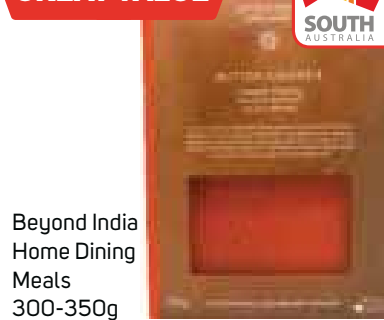


Bowlsome Heat & Eat Meals 290-370g

\$9.90_{ea}

HEAT & EAT

GREAT VALUE



Beyond India
Home Dining
Meals
300-350g

\$4.90_{ea}

GREAT VALUE



La Tosca
Fresh Pasta
500g
\$0.98 per 100g



Schwarzkopf
extra care

UP TO 90% MORE RESISTANCE AND SHINE*

Made in Australia

\$4.50 ea
SAVE UP TO \$4.50

Schwarzkopf Extra Care Shampoo or Conditioner 400ml \$1.13 per 100ml

*when using Ultimate Repair shampoo and conditioner in combination

Neutrogena®
DERMATOLOGIST TESTED

NEW LOOK **HALF PRICE**

DEEP CLEAN FOAMING CLEANSER

TRY IT TODAY!

\$9 ea
SAVE UP TO \$9.00

Neutrogena Facial Cleanser Range 150g \$6.00 per 100g
AW11086 NEU2425

\$4.45 ea
SAVE UP TO \$1.95

POLIDENT
3 Minute Daily Cleanser for Dentures & Partials 36 Pack \$0.12 each



\$4.50 ea
SAVE UP TO \$3.00

BUY ME TO WIN

Always Discreet Liners 20-24 Pack



\$3.60 ea
SAVE UP TO \$2.40

Tom Organic Ultra Thin Pads 10 Pack \$0.36 each



30% OFF SELECTED GOT2B PRODUCTS



got2b GLUED
got2b SHAMPOO
got2b ULTRA GLUED

FOODLAND P30 2024 P26

WINTER beauty

WONDERLAND OF BRANDS

WIN A SHARE OF \$5000 IN PRIZES

BUY ANY PROCTER & GAMBLE PRODUCT FROM 26TH JUNE - 6TH AUGUST 2024,
FOR YOUR CHANCE TO WIN!



To enter go to www.foodlandsa.com.au/competitions or scan QR code and follow the instructions. Also enter via the Foodland Great Rewards App. Keep original receipt. See Terms and Conditions on website.

HALF PRICE

SELECTED **VOOST** PRODUCTS



- A. Voost Effervescent Hydrate Tablets 20 Pack*
\$6.75ea SAVE \$6.75 \$0.34 each
- B. Voost Effervescent Tablets 20 Pack*
\$5.50ea SAVE \$5.50 \$0.28 each
- C. Voost Effervescent Tablets 40 Pack*
\$10ea SAVE \$10.00 \$0.25 each

HALF PRICE

SELECTED **VENUS** PRODUCTS



- A. Gillette Venus Disposable Razor 3 Pack
\$5.50ea SAVE \$5.50 \$1.83 each
- B. Gillette Comfortglide with 2 Razor Blades 1 Pack
\$9.25ea SAVE \$9.25
- C. Gillette Venus For Pubic Hair & Skin Razor With 2 Razor Blades 1 Pack
\$11.50ea SAVE \$11.50

* Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Vitamin and mineral supplements should not replace a balanced diet.

Everyday
**LOW
PRICES**

on hair care
products



\$11⁹⁵
ea

EVERY DAY!

L'Oréal Paris
Elnett
Hairspray
400ml
\$2.99 per 100ml



\$6
ea

EVERY DAY!

Taft
Styling
Gel Max
250g
\$2.40 per
100g



\$14
ea

EVERY DAY!

Just For Men
Hair Colour
1 Pack



\$18
ea

EVERY DAY!

L'Oréal
Wrinkle
Expert
Cream
50ml
\$36.00
per 100ml



\$9
ea

EVERY DAY!

Difflam
Plus Anaesthetic
Sore Throat Lozenges Blackcurrant
Flavour 16 Pack* \$0.56 each



\$17
ea

EVERY DAY!

Difflam
Plus Sore Throat
Spray 30ml*
\$56.67 per 100ml



\$22
ea

EVERY DAY!

Berocca 45s* \$48.89 per 100 units



\$18⁵⁰
ea

EVERY DAY!

Centrum
Vitamin
Tablets
60 Pack*
\$30.83 per 100 units



\$7⁹⁵
ea

EVERY DAY!

Radox
Bath Salts
Muscle
Soothe 500ml
\$1.59 per 100g



\$9
ea

EVERY DAY!

Johnson's
Body Wash
1 Litre
\$0.90 per 100ml



*Always read the label. Follow directions for use. This medicine may not be right for you. Read the warnings on pack before purchase. Incorrect use could be harmful. If symptoms persist, talk to your health professional. Vitamin and mineral supplements should not replace a balanced diet.

\$15⁵⁰
ea

EVERY DAY!

Friskies
Dry Cat
Food 2.5kg
\$0.62 per 100g



Everyday
**LOW
PRICES**

on kitty cat
dinners

\$2¹⁰
ea

EVERY DAY!

Whiskas
Cat Food
400g
\$0.53 per 100g



\$24⁵⁰
ea

EVERY DAY!

Schmackos
Beef
Strapz 1kg
\$2.45 per 100g



\$22
ea

EVERY DAY!

Fairy
All In One
Dishwasher
Tablets
Lemon
48 Pack
\$0.46 each



\$3⁵⁰
ea

EVERY DAY!

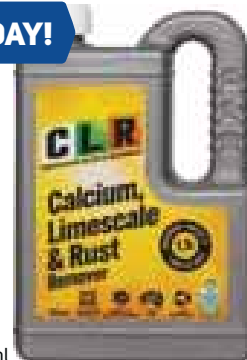
Ajax
Spray n' Wipe
Trigger Sprays
475-500ml



\$13⁹⁰
ea

EVERY DAY!

CLR
Calcium,
Lime & Rust
Remover
750ml
\$1.85 per 100ml



\$6
ea

EVERY DAY!

Air Wick
Essential Oil
Candle 105g
\$5.71 per 100g



\$6⁵⁰
ea

EVERY DAY!

Chux
Heavy Duty
Superwipes
Roll 25 Pack
\$0.26 each



\$4
ea

EVERY DAY!

Chux Scourer Scrub Heavy Duty
or Non Scratch 6 Pack \$0.67 each



BABY & HEALTH

\$13²⁰ ea
SAVE UP TO \$8.80

40% OFF

Huggies Nappy Pants 24-36s

\$4 ea
SAVE UP TO \$2.00

Huggies Ultimate Baby Wipes 64 Pack
 \$6.25 per 100 units

HALF PRICE SELECTED **AVEENO PRODUCTS**

A. Aveeno Baby Dermexa Moisturizing Cream 206g
\$12.25ea SAVE \$12.25 \$5.95 per 100g

B. Aveeno Baby Dermexa Moisturizing Wash 236ml
\$8.50ea SAVE \$8.50 \$3.60 per 100ml

C. Aveeno Baby Wash & Shampoo 236ml
\$6.25ea SAVE \$6.25 \$2.65 per 100ml

\$4⁹⁵ ea
SAVE UP TO \$4.95

HALF PRICE

Sukin
 Body or Hand
 Wash 500ml
 (Excluding
 Aroma Range)
 \$0.99 per 100ml

\$5⁷⁰ ea
SAVE UP TO \$1.05

Advil Mini Liquid Caps 20 Pack*
 \$0.29 each

\$8 ea
SAVE UP TO \$1.90

Vicks
 VapoShower
 3 Pack
 \$2.67 each

*Always read the label. Follow directions for use. This medicine may not be right for you. Read the warning on pack before purchase. Incorrect use could be harmful. If symptoms persist, ask your health professional.

TRUST Strepsils[®] TO FIGHT YOUR SORE THROAT

Always read the label and follow the directions for use.
 Strepsils Chesty Cough: For the temporary relief of chesty cough.

\$7 ea
SAVE UP TO \$1.50

Strepsils Herbal 16 Pack*
 \$0.44 each



\$3 ea
SAVE \$1.50
 UP TO

Felix Cat
 Treats 60g
 \$5.00 per 100g

\$14 ea
SAVE \$6.00
 UP TO

Purina
 One
 Dry Cat
 Food
 1.4-1.5kg

PURINA
SHOP SCAN WIN!
\$5000 CASH

TO ENTER:

- Download the Foodland App
- Spend \$5 or more on any PURINA product from Foodland
- Scan your Foodland app Rewards Card at the checkout during your transaction
- Keep original receipt

Opens 24/07/2024 and closes 20/08/2024

*SA residents 18+ only. The Promotion starts at 12:01 AM ACST on Wednesday 24 July 2024 and doses at 11:59 PM ACST on Tuesday 20 August 2024. Prize is \$5,000 cash. Total prize pool is valued at \$5,000. To enter, spend a minimum of \$5 on products from SUPERCOAT, FELIX, FANCY FEAST, FRISKIES, PURINA ONE OR LUCKY DOG ranges in one (1) transaction in any Foodland store during the promotional period. Participants meeting the purchase qualifier and scan their Foodland App at Point of Sale are automatically entered into the draw. Entrants must keep an original copy of their receipt as proof of purchase. One entry only accepted per eligible purchase. Prize draw will take place at Foodland Supermarkets on Monday 9 September 2024. The prize winner will be notified by phone and email and published on the Foodland website. Promoter is Foodland Supermarkets, 191 Flinders Street Adelaide, SA, 5000. For full terms and conditions visit www.foodlandsa.com.au.

\$13 ea
SAVE \$6.00
 UP TO

Purina Fancy Feast Inspirations
 Multipack 12 x 70g \$1.55 per 100g

\$1.30 ea
SAVE 60¢
 UP TO

Optimum
 Dog Food 100g \$1.30 per 100g

\$1.40 ea
SAVE 35¢
 UP TO

Dine Pulled Menu 85g \$1.65 per 100g

\$5.60 ea
SAVE \$1.40
 UP TO

Love 'Em
 Beef Liver
 90g or
 Jerky 200g

\$23.80 ea
SAVE \$10.20
 UP TO

Pedigree Dry
 Dog Food 8kg
 \$0.30 per 100g

\$7.50 ea
SAVE \$1.50
 UP TO

V.I.P. Dog Food Roll 3kg
 (Available in Meat Dept. fridge) \$2.50 per kg

**EATING
is A
TEAM
SPORT**



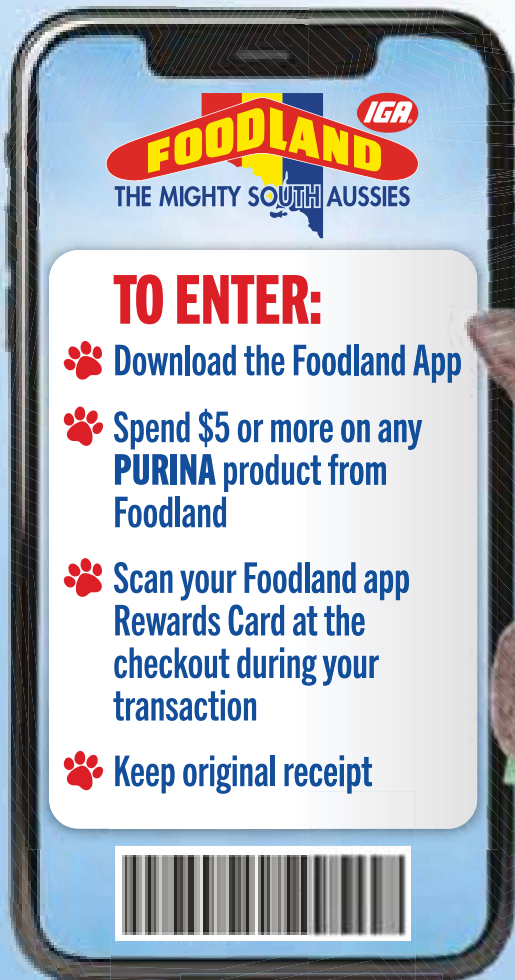
**MAKE SOME
OLD EL PASO
NOISE
FOR YOUR
HOME TEAM**



 PURINA®

SHOP SCAN WIN!

\$5000 CASH



Opens 24/07/2024 and closes 20/08/2024

*SA residents 18+ only The Promotion starts at 12:01 AM ACST on Wednesday 24 July 2024 and closes at 11:59 PM ACST on Tuesday 20 August 2024. Prize is \$5,000 cash. Total prize pool is valued at \$5,000. To enter, spend a minimum of \$5 on products from SUPERCOAT, FELIX, FANCY FEAST, FRISKIES, PURINA ONE OR LUCKY DOG ranges in one (1) transaction in any Foodland store during the promotional period. Participants meeting the purchase qualifier and scan their Foodland App at Point of Sale are automatically entered into the draw. Entrants must keep an original copy of their receipt as proof of purchase. One entry only accepted per eligible purchase. Prize draw will take place at Foodland Supermarkets on Monday 9 September 2024. The prize winner will be notified by phone and email and published on the Foodland website. Promoter is Foodland Supermarkets, 191 Flinders Street Adelaide, SA, 5000. For full terms and conditions visit www.foodlandsa.com.au.

HALF PRICE SELECTED COMFORT PRODUCTS



- A. Comfort Fabric Conditioner 900ml* **\$5ea**
SAVE \$5.00 \$5.56 per litre (*excludes varieties listed in B)
- B. Comfort Fabric Conditioner 900ml - Pure, Sky Blue & Rosy Blush varieties **\$5.50ea** **SAVE \$5.50** \$6.11 per litre
- C. Comfort In Wash Scent Booster Beads 200g **\$7ea** **SAVE \$7.00** \$3.50 per 100g
- D. Comfort x Dusk In Wash Fabric Scent Booster Beads 200g **\$9ea** **SAVE \$9.00** \$4.50 per 100g

\$11⁴⁰
ea

SAVE UP TO \$7.60

NEW PRODUCTS



Vanish Gold Pro Stain Remover Laundry Powder 1 kg Whites or Colours
\$11.40 per kg

\$21⁶⁰
ea

SAVE UP TO \$14.40



Vanish Gold Pro Stain Remover Laundry Powder 2 kg Whites or Colours
\$10.80 per kg

\$3⁵⁰
ea

SAVE UP TO \$1.50



Dettol Healthy Clean Bathroom Spray 500ml
\$0.70 per 100ml

\$3⁵⁰
ea

SAVE UP TO \$1.50



Dettol Healthy Clean Kitchen Spray 500ml
\$0.70 per 100ml

\$4⁵⁰
ea

SAVE UP TO \$1.50



White King Disinfectant Cleaning Gel Citrus 1 Litre
\$0.45 per 100ml

\$4²⁰
ea

SAVE UP TO \$1.65



Glad Wrap 60 Metre, Bake 18 Metre or Foil 20 Metre

\$15⁸⁰
ea

SAVE UP TO \$2.00



Earth Choice Dishwashing Tablets 42 Pack
\$0.38 each

HALF PRICE

SELECTED **OMO PRODUCTS**



- A. OMO 3 in 1 Laundry Capsules 28 Pack
\$14ea SAVE \$14.00 \$0.50 each
- B. OMO Laundry Liquid 2L or Laundry Powder 2kg
\$14ea SAVE \$14.00 \$7.00 per L/kg
- C. OMO Laundry Liquid 4L
\$22.50ea SAVE \$22.50 \$5.63 per litre

HALF PRICE

SELECTED **COLD POWER PRODUCTS**



- A. Cold Power Laundry Liquid 2L
\$12ea SAVE \$12.00 \$6.00 per litre
- B. Cold Power Laundry Powder 2Kg
\$12ea SAVE \$12.00 \$6.00 per kg

\$180
ea

SAVE UP TO 40¢



i-Care Aloe Vera Facial Tissues 95 Pack
\$1.89 per 100 units

\$230
ea

SAVE UP TO 80¢



Sorbent Facial Tissues 250 Pack
\$0.92 per 100 units

\$4
ea

SAVE UP TO 90¢



Quilton 4 Ply Absorba Paper Towel 3 Pack \$2.22 per 100 sheets

\$5
ea

SAVE UP TO \$3.00



Sorbent Toilet Roll
8 Pack or Double Length 4 Pack

\$6
ea

SAVE UP TO \$1.50



Handee Pro Double Length or Ultra Triple Length Paper Towel 2 Pack



LOCAL CELLARS

National Tequila Day

July 24



\$59 ea

El Jimador Tequila 700ml



\$89 ea

Don Julio Blanco Tequila 750ml



\$59 ea

Olmeca Altos Plata 700ml

WINE

MULTI BUY

MIX & MATCH ANY 3

3 FOR \$23

Steeple Jack Range
Wolf Blass Red Label Range
Angove Long Row Range

750ml



MULTI BUY

MIX & MATCH ANY 2

2 FOR \$40

Jacob's Creek Double Barrel Range
Peter Lehmann Bond Range
Maxwell Silver Hammer Shiraz

750ml



ARTISAN WINE

\$35 ea

Wynns Black Label 750ml



\$25 ea

Taylor's Jaraman Range 750ml



\$20 ea

Nepenthe Prestige Cuvée 750ml



\$25 ea

Hahndorf Hill Range 750ml



Artisans



DrinkWise.org.au



Local Cellars supports the responsible service of alcohol and follows the General Code of Practice under the Liquor Licensing Act 1997. It is an offence to sell or supply alcohol to or on behalf of a person aged under 18 years. Savings are off regular prices. Prices valid at South Australian Local Cellars stores only until sold out. We reserve the right to limit purchases to reasonable retail quantities, commercial quantities not supplied. Images are for advertising purposes only. Prices include GST where applicable. Promotional price effective from 17/7/24 to 30/7/24.

LOCAL CELLARS RENMARK - 25 Rai Rai Avenue, Renmark 5341 (08) 8586 4269
LOCAL CELLARS Banquet Food & Wine - 990 Port Road, Albert Park SA 5014 (08) 8268 1652
LOCAL CELLARS bal akI ava - 4 wall ace street, bal akI ava 5461 (08) 8862 1840



LOCAL CELLARS

FOODLAND GREAT SAVINGS

Live Here

\$4²⁵
ea

SAVE \$4.25
UP TO



Bulla Crunch or Splits Multipacks 8-10s

\$2⁵⁰
ea

SAVE \$2.50
UP TO



Life Saver Lolly Bags 150-200g

All
**HALF
PRICE**

\$1⁴⁰
ea

SAVE \$1.40
UP TO



Continental
Cup a Soup
2 Serve

\$2⁷⁵
ea

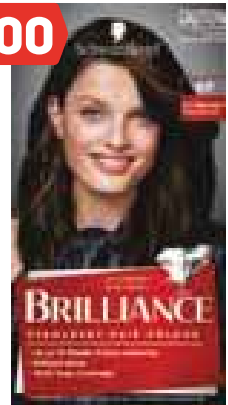
SAVE \$2.75
UP TO



Uncle Tobys Muesli Bars 185g \$1.49 per 100g

\$11
ea

SAVE \$11.00
UP TO



Schwarzkopf
Brilliance Hair
Colour 1 Pack

\$11⁹⁰
ea

SAVE \$6.10
UP TO



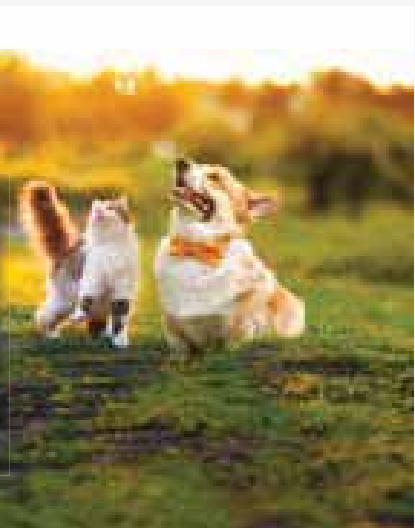
Purina
Supercoat Dog
Food 2.6-2.8kg

\$8⁵⁰
ea

SAVE \$6.00
UP TO



Purina Felix Cat Food Multipack
12 x 85g \$0.83 per 100g



FOODLAND
P30 2024
P37



Scan and subscribe to receive the digital catalogue straight to your inbox.

FOODLAND
THE MIGHTY SOUTH AUSSIES